

Name	Year	Team	Finals	Points
Section 1 Wind: -1.6				
1 Badowski, Tony	42	TCG	27.96	
2 Gee, Herb	41	TCG	28.69	
3 Friesen, Les	36	TCG	37.54	

Men 50-59 200 Meter Dash

Name	Year	Team	Finals	Points
Section 1 Wind: NWI				
1 Dickson, Tom	53	VR	25.43	
2 Birring, Sewa	46	Unattached	27.63	

Men 40-49 200 Meter Dash

Name	Year	Team	Finals	Points
1 VanRyswyk, Len	63	SOF	26.87	
2 Benson, Mark	55	SUNC	32.45	

Women 18-39 200 Meter Dash

Name	Year	Team	Finals	Points
1 Chin Aleong, Janessa	87	KAJ	25.71	
2 Richard, Claudia	87	Westvan Tfc	25.80	
3 Boss, Traci	87	CC	26.75	
4 Dosanjh, Parveen	87	KAJ	26.76	
5 Paraiso, Frederique	75	Van Thunderbirds	28.42	

Men 20-39 200 Meter Dash

Name	Year	Team	Finals	Points
1 Vaughan, Jarid	85	MA	21.70	
2 Lim, Kevin	85	NORW	22.20	
3 Townsend, Chris	66	Unattached	23.50	
4 Walker, Sam	71	Langley Must	24.30	

Men 18-19 200 Meter Dash

Name	Year	Team	Finals	Points
1 Devine, Kevin	85	Unattached	22.67	
2 Guiffre, Michael	87	MA	23.49	
3 Penner, Yik Wah	87	KAJ	23.87	
4 Gould, Dwight	87	CC	24.18	

Women 16-17 200 Meter Dash

Name	Year	Team	Finals	Points
1 Wellington, Whitney	88	SOF	25.00	
2 Van Ruyven, Michelle	88	KAJ	25.87	
3 Munro, Teeanna	89	NORW	26.40	
4 Nestman, Jenna	88	Van Thunderbirds	27.84	

Men 16-17 200 Meter Dash

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: -1.1		
1 Farrell, Leon	88 SOF	22.87Q
2 Pinnock, Tijan	88 Westvan Tfc	23.23Q
3 Lopera, Sergio	88 Guildford Park T	23.83q
4 O'Neill, Blair	89 NORW	24.85
5 Woykowiak, Paul	89 Westvan Tfc	24.87
6 Singh, Rupinder	89 UAC	25.60
Heat 2 Preliminaries Wind: -1.7		
1 Kuma Mintah, Kofi	89 SOF	24.06Q
2 Jackson, Dayne	89 NORW	24.42Q
3 Stein, Dylan	88 NORW	24.46
4 Farren, Neil	89 KAM	27.71
Heat 3 Preliminaries Wind: -0.9		
1 Pooni, Jason	88 UAC	23.66Q
2 Shum, Mike	89 VR	23.87Q
3 Sidhu, Gurpreet	89 UAC	24.02q
4 Markloff, Tim	88 Comox Valley	24.31
5 Sangja, Amandeep	89 UAC	26.48
6 Sosner, Llia	89 MA	27.79

Men 16-17 200 Meter Dash

Name	Year Team	Finals	Points
Section 1 Finals Wind: -1.8			
1 Farrell, Leon	88 SOF	22.70	
2 Pinnock, Tijan	88 Westvan Tfc	23.04	
3 Kuma Mintah, Kofi	89 SOF	23.57	
4 Lopera, Sergio	88 Guildford Park T	23.72	
5 Shum, Mike	89 VR	23.90	
6 Pooni, Jason	88 UAC	24.01	
7 Sidhu, Gurpreet	89 UAC	24.27	
8 Jackson, Dayne	89 NORW	24.40	

Women 15 Year Olds 200 Meter Dash

Name	Year Team	Finals	Points
Section 1 Wind: NWI			
1 Pattison, Alana	90 Langley Must	26.37	
2 Lowe, Christine	90 CC	26.54	
3 Shury, Alyssa	90 Unattached	27.33	
4 Linder, katie	90 KAM	27.91	
5 Cook, April	90 CC	28.52	
6 Power, Sara	90 Langley Must	29.47	

Men 15 Year Olds 200 Meter Dash

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: -1.0		
1 Stephenson, Kyle	90 NORW	25.05q
2 Kasprzik, Max	90 KAM	25.22q
3 Vela, Sam	90 BS	26.14q
4 Kelly, Gareth	90 KAM	26.19q
Heat 2 Preliminaries Wind: -2.8		

1	Morton, Norman	90	Comox Valley	23.44q
2	Lee, Eugene	89	CC	25.09q
3	Carron, Lee	90	BS	25.17q
4	McEachern, Matt	90	MA	25.56q
5	Hall, Daniel	90	KAM	27.39

Men 15 Year Olds 200 Meter Dash

```
=====
Name                Year Team                Finals  Points
=====
```

Section 1 Finals Wind: -2.3

1	Morton, Norman	90	Comox Valley	23.51
2	Carron, Lee	90	BS	24.99
3	Stephenson, Kyle	90	NORW	25.04
4	Kasprzik, Max	90	KAM	25.33
5	McEachern, Matt	90	MA	25.40
6	Lee, Eugene	89	CC	25.71
7	Vela, Sam	90	BS	26.14
8	Kelly, Gareth	90	KAM	26.26

Women 14 Year Olds 200 Meter Dash

```
=====
Name                Year Team                Prelims
=====
```

Heat 1 Preliminaries Wind: -1.5

1	Nettey, Christabel	91	SOF	26.14Q
2	Veale, Candace	91	ES	28.61Q
3	Cochrane, Olivia	91	Vernon	29.23q
4	Mason, Juliana	91	Golden Ears	29.63q
5	Goodwin, Spencer	91	Langley Must	30.09q

Heat 2 Preliminaries Wind: -1.0

1	Stasiak, Natalie	91	NORW	26.93Q
2	Kang, Monika	91	UAC	28.25Q
3	Matthews, Alana	91	Langley Must	29.07q
4	Doerksen, Kim	91	ES	30.12
5	Cooper, Sara	91	KAM	30.13
6	Reekie, Colby	91	Vernon	30.73

Women 14 Year Olds 200 Meter Dash

```
=====
Name                Year Team                Finals  Points
=====
```

Section 1 Finals Wind: -1.7

1	Stasiak, Natalie	91	NORW	27.28
2	Kang, Monika	91	UAC	28.58
3	Veale, Candace	91	ES	28.74
4	Matthews, Alana	91	Langley Must	28.95
5	Mason, Juliana	91	Golden Ears	29.52
6	Cochrane, Olivia	91	Vernon	29.92
7	Goodwin, Spencer	91	Langley Must	30.96

Men 14 Year Olds 200 Meter Dash

```
=====
Name                Year Team                Prelims
=====
```

Heat 1 Preliminaries Wind: -2.2

1	Garmulewicz, Jonathan	91	ES	25.83Q
2	Polos, Ian	91	KAM	27.21Q
3	Du Toit, Rudolf	91	Golden Ears	27.78q
4	Adair, Timothy	91	NORW	29.31q

Heat 2 Preliminaries			Wind: -0.9
1	Kan, Jordan	91 Van Thunderbirds	25.17Q
2	Hayes, Kelvin	91 UAC	25.21Q
3	Mara, Elijah	91 KAJ	26.37q
4	Grzelak, Patrick	91 SOF	27.58q
5	Stephenson, Scott	91 NORW	29.45
6	Sutton, Kaleb	91 Golden Ears	31.45

Men 14 Year Olds 200 Meter Dash

Name	Year Team	Finals	Points
------	-----------	--------	--------

Section 1 Finals			Wind: -1.4
1	Kan, Jordan	91 Van Thunderbirds	24.91
2	Hayes, Kelvin	91 UAC	24.95
3	Garmulewicz, Jonathan	91 ES	26.09
4	Mara, Elijah	91 KAJ	26.14
5	Polos, Ian	91 KAM	26.96
6	Grzelak, Patrick	91 SOF	27.66
7	Du Toit, Rudolf	91 Golden Ears	27.86

Women 13 Year Olds 200 Meter Dash

Name	Year Team	Prelims
------	-----------	---------

Heat 1 Preliminaries			Wind: NWI
1	Ngongo, Sandra	92 UAC	27.18Q
2	Ellis, Morgan	92 BS	27.74Q
3	Heyes, Kajsa	92 Van Thunderbirds	31.54
4	Vanwyk, Adele	92 Langley Must	31.79
Heat 2 Preliminaries			Wind: NWI
1	Vogt, Abby	92 BS	27.28Q
2	Shmyr, courtney	92 Langley Must	29.05Q
3	Daye, Julia	92 RC	30.84q
4	Fleck, Allyson	92 Van Thunderbirds	31.53
Heat 3 Preliminaries			Wind: NWI
1	Scott, Shelena	92 UAC	29.56Q
2	Collins, Molly	92 Unattached	30.25Q
3	Gildert, Laura	92 BS	30.64q
4	Walters, Carly	92 BS	30.92
5	Starnes, Hailey	92 Unattached	31.54
6	Daniels, Tiegan	92 LE	32.36
7	Mannes, Tori	92 CHWK	33.74

Women 13 Year Olds 200 Meter Dash

Name	Year Team	Finals	Points
------	-----------	--------	--------

Section 1 Finals			Wind: NWI
1	Ngongo, Sandra	92 UAC	26.71
2	Ellis, Morgan	92 BS	27.01
3	Vogt, Abby	92 BS	27.09
4	Scott, Shelena	92 UAC	29.59
5	Gildert, Laura	92 BS	30.32
6	Daye, Julia	92 RC	30.93

Men 13 Year Olds 200 Meter Dash

Name	Year Team	Prelims
------	-----------	---------

Heat 1 Preliminaries Wind: NWI

1 Murray, Emerson	92 Unattached	26.22Q
2 Kones, Ira	92 Unattached	27.25Q
3 Woykowiak, Phillip	92 Unattached	27.80q
4 Richey, Stuart	92 RCS	29.45
5 Grimsey, Scott	92 RC	30.78

Heat 2 Preliminaries Wind: NWI

1 Brodie, Inavaldson	92 SOF	26.31Q
2 Sutherland, Christopher	92 Langley Must	26.79Q
3 Parker, Cody	92 Comox Valley	28.21q
4 Wenham, Chris	92 NORW	29.07
5 Jaccard, Torsten	92 RC	29.19
6 Davis, Jeremy	92 RC	29.57

Heat 3 Preliminaries Wind: NWI

1 Kang, Karn	92 SOF	28.59Q
2 Riedl, Thomas	92 CC	31.10Q
3 Pooni, Paul	92 UAC	32.82
4 Wiltshire, Max	91 Westvan Tfc	33.82

Men 13 Year Olds 200 Meter Dash

```
=====
```

Name	Year Team	Finals	Points
Section 1 Finals Wind: NWI			
1 Brodie, Inavaldson	92 SOF	25.78	
2 Kones, Ira	92 Unattached	26.91	
3 Sutherland, Christopher	92 Langley Must	27.18	
4 Woykowiak, Phillip	92 Unattached	27.19	
5 Murray, Emerson	92 Unattached	27.39	
6 Parker, Cody	92 Comox Valley	27.94	
6 Kang, Karn	92 SOF	27.94	
8 Riedl, Thomas	92 CC	31.46	

Women 12 Year Olds 200 Meter Dash

```
=====
```

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: NWI		
1 Vaughan, Jade	93 Langley Must	30.16Q
2 Rowbotham, Kristy	93 PR	31.15Q
3 Bazergui, Lauren	93 Langley Must	32.05q
4 Henry, Laura	93 Langley Must	32.85
5 Hunt, Chelsea	93 Langley Must	32.91
Heat 2 Preliminaries Wind: NWI		
1 Palm, Jade	93 PR	28.72Q
2 Aghakian, Lydia	93 NORW	30.77Q
3 Mason, Rebekah	93 CHWK	31.79q
4 Dosanjh, Harmen	93 UAC	32.35
5 Virk, Ericka	93 UAC	36.52
Heat 3 Preliminaries Wind: NWI		
1 Robinsmith, Hailey	93 Golden Ears	30.06Q
2 Karmel, Laurene	93 LE	32.15Q
3 McDonald, Leigh	93 NORW	34.54
4 Moffat, Hailey	93 KAM	35.45
5 Wieting, Eriki	93 NORW	37.68

Women 12 Year Olds 200 Meter Dash

```
=====
```

Name	Year Team	Finals	Points
------	-----------	--------	--------

```
=====
```

Section 1 Finals Wind: NWI

1 Palm, Jade	93 PR	28.27
2 Robinsmith, Hailey	93 Golden Ears	30.09
3 Vaughan, Jade	93 Langley Must	30.75
4 Rowbotham, Kristy	93 PR	30.83
5 Mason, Rebekah	93 CHWK	31.94
6 Karmel, Laurene	93 LE	32.88
7 Bazergui, Lauren	93 Langley Must	33.54

Men 12 Year Olds 200 Meter Dash

=====

Name	Year Team	Prelims
------	-----------	---------

=====

Heat 1 Preliminaries Wind: NWI

1 Ayesu-Attah, Benjamin	93 CC	29.56Q
2 Dolfo, Braedon	93 Langley Must	30.94Q
3 Neal, Keffri	93 KAJ	31.82
4 Baron, Andrew	93 Unattached	32.09
5 Hunt, Brendan	93 Westvan Tfc	32.22
6 Estergaard, Nick	93 CC	32.29

Heat 2 Preliminaries Wind: NWI

1 Reid, Jeremy	93 SOF	28.22Q
2 Kroeker, Cameron	93 KAJ	28.57Q
3 Carmichael, Trevor	93 Trail Track & Fe	29.54q
4 Kidwell, Mathew	93 Langley Must	30.79q
5 Procevat, Cameron	93 BS	31.01q
6 Gruneau, Jesse	93 Westvan Tfc	31.20q
7 Garmulewicz, Sam	93 RCS	31.60

Men 12 Year Olds 200 Meter Dash

=====

Name	Year Team	Finals	Points
------	-----------	--------	--------

=====

Section 1 Finals Wind: NWI

1 Reid, Jeremy	93 SOF	27.97
2 Ayesu-Attah, Benjamin	93 CC	28.73
3 Kroeker, Cameron	93 KAJ	28.94
4 Carmichael, Trevor	93 Trail Track & Fe	29.65
5 Kidwell, Mathew	93 Langley Must	30.78
6 Dolfo, Braedon	93 Langley Must	30.92

Women 11 Year Olds 200 Meter Dash

=====

Name	Year Team	Prelims
------	-----------	---------

=====

Heat 1 Preliminaries Wind: NWI

1 Maryschuk, Sarah	94 Kelowna Track	31.26Q
2 Pauley, Megan	94 Langley Must	32.68
3 Broughton, Nicole	94 CC	33.28
4 Gillis, Sam	94 Langley Must	34.40
5 Pangher, Nikko	94 UAC	34.91
6 Goddard, Jane	94 Gibson Elementar	36.53
7 Baker, Kelsey	94 RCS	39.52

Heat 2 Preliminaries Wind: NWI

1 Hadath, Emma	94 Golden Ears	32.01Q
2 Groulx, Claire	94 Langley Must	34.09
3 Dunlop, Janae	94 RR	34.68
4 Manson, Lauryn	94 CC	34.93
5 VanLeeuwen, Chelsea	94 Langley Must	37.44
6 Perry, Linnea	94 CC	37.46

Heat 3 Preliminaries		Wind:	NWI	
1	Tunti, Cheyanne	94	UAC	29.82Q
2	Vicic, Carla	94	SOF	31.05q
3	Guy, Madison	94	Langley Must	31.53
4	Ayesu-Attah, Esinam	94	CC	32.24
5	Drescher, Samantha	94	BS	32.58
6	Wassen, Angela	94	Langley Must	32.81
7	Mitchell, Zoe	94	BS	34.41

Heat 4 Preliminaries		Wind:	NWI	
1	Sutherland, Carolyn	94	Langley Must	29.89Q
2	Eedy, Brianna	94	Vernon	30.36q
3	Wilson, Paula	94	SOF	30.95q
4	Roy, Sidney	94	BS	31.52
5	Milne, Jodie	94	Langley Must	32.55
6	Ramsey, Bailey	94	Langley Must	33.50
7	Russell, Katie	94	Gibson Elementar	34.31
8	Mitchell, Sarah	94	RCS	35.71

Heat 5 Preliminaries		Wind:	NWI	
1	Sloman, Jenny	94	UAC	29.79Q
2	Miller, Keelee	94	Langley Must	31.17
3	Morison, Solenne	94	RCS	31.98
4	McFee, Marla	94	Langley Must	32.28
5	Gmeinveser, Angela	94	Vernon	33.47

Women 11 Year Olds 200 Meter Dash

=====				
Name	Year	Team	Finals	Points
=====				
Section 1 Finals Wind: NWI				
1	Sloman, Jenny	94	UAC	29.35
2	Sutherland, Carolyn	94	Langley Must	29.67
3	Tunti, Cheyanne	94	UAC	30.37
4	Eedy, Brianna	94	Vernon	30.61
5	Maryschuk, Sarah	94	Kelowna Track	30.66
6	Wilson, Paula	94	SOF	31.36
7	Vicic, Carla	94	SOF	31.70
8	Hadath, Emma	94	Golden Ears	32.26

Men 11 Year Olds 200 Meter Dash

=====				
Name	Year	Team	Prelims	
=====				
Heat 1 Preliminaries Wind: NWI				
1	Starnes, Tyler	94	Unattached	29.41Q
2	Piaseczny, Konrad	94	SOF	30.75Q
3	George, Nathan	94	SOF	30.99q
4	Johnston, Nicholas	94	Gibson Elementar	31.60q
5	Mannes, Lucas	94	CHWK	32.12
6	Nagra, Fateh	94	UAC	33.05
7	Basra, Milan	94	UAC	34.72
8	Moonie, Devon	94	KAM	34.74
Heat 2 Preliminaries Wind: NWI				
1	Baysinger, DeOndre	94	SOF	30.42Q
2	Toporowski, Christopher	94	KAM	31.43Q
3	Talbot, Jason	94	Gibson Elementar	31.53q
4	Chow, Flemming	94	CC	31.98q
5	Linde, James	94	CC	31.99
6	Willeh, Nathan	94	Langley Must	33.58
7	Northey, Logan	94	CHWK	34.50
8	McKay, Connor	94	KAM	34.57

Men 11 Year Olds 200 Meter Dash

Name	Year Team	Finals	Points
Section 1 Finals Wind: NWI			
1 Starnes, Tyler	94 Unattached	29.66	
2 Toporowski, Christopher	94 KAM	30.25	
3 Piaseczny, Konrad	94 SOF	30.40	
4 Baysinger, DeOndre	94 SOF	31.20	
5 George, Nathan	94 SOF	31.82	
6 Talbot, Jason	94 Gibson Elementar	31.88	
7 Johnston, Nicholas	94 Gibson Elementar	31.95	
8 Chow, Flemming	94 CC	33.21	

Women 10 Year Olds 200 Meter Dash

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: NWI		
1 DiLorenzo, Andrea	95 BS	30.57Q
2 Klassen, Alexandra	95 Kelowna Track	33.82Q
3 Atkinson, Claire	95 Golden Ears	35.37
4 Richardson, Laura	95 KAM	35.64
5 Newell, Kimberly	95 BS	35.72
6 Beecham, Coral	95 CHWK	37.86
Heat 2 Preliminaries Wind: NWI		
1 Stainthorpe, Zoe	95 RC	31.89Q
2 Hadath, Megan	95 Golden Ears	31.93Q
3 Fleck, Rachel	95 Van Thunderbirds	33.91q
4 Beard, Vivienne	95 Langley Must	34.01q
5 Aldridge, Brittany	95 CC	34.06q
6 Gill, Lana	95 Van Thunderbirds	34.46q

Women 10 Year Olds 200 Meter Dash

Name	Year Team	Finals	Points
Section 1 Finals Wind: NWI			
1 DiLorenzo, Andrea	95 BS	29.92	
2 Stainthorpe, Zoe	95 RC	31.63	
3 Hadath, Megan	95 Golden Ears	31.64	
4 Fleck, Rachel	95 Van Thunderbirds	33.28	
5 Klassen, Alexandra	95 Kelowna Track	33.62	
6 Beard, Vivienne	95 Langley Must	34.49	
7 Gill, Lana	95 Van Thunderbirds	34.96	
8 Aldridge, Brittany	95 CC	35.21	

Men 10 Year Olds 200 Meter Dash

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: NWI		
1 Houlton, Jacob	95 Langley Must	31.02Q
2 VanderEyden, Matthew	95 RC	31.49Q
3 Heyes, Zayne	95 Van Thunderbirds	31.78q
4 Marciniak, Jordan	95 PR	32.07q
5 Piaseczny, Matthew	95 SOF	32.34q
6 Kragelj, Michael	95 CC	33.03q
7 Kang, Ravnoor	95 UAC	35.62q

Men 50-69 100 Meter Hurdles

Name	Year Team	Finals	Points
Section 1 Wind: -2.2			
1 Lamothe, Grant	43 Semiahmoo Sunrun	22.27	

Women 18-39 100 Meter Hurdles

Name	Year Team	Finals	Points
Section 1 Wind: NWI			
1 Johns, Adelle	86 KAJ	15.43	
2 Hildenbrandt, Leanne	87 VR	18.50	

Women 18-19 100 Meter Hurdles

Name	Year Team	Finals	Points
1 Richard, Camille	87 Westvan Tfc	15.47	
2 Richard, Claudia	87 Westvan Tfc	17.06	

Men 15 Year Olds 100 Meter Hurdles

Name	Year Team	Finals
1 Stephenson, Kyle	90 NORW	15.0h

Men 14 Year Olds 100 Meter Hurdles

Name	Year Team	Finals
1 Miller, Ian	91 VR	16.3h
2 Schnabel, Vincent	91 KAM	17.4h
3 Du Toit, Rudolf	91 Golden Ears	17.8h

Women 16-17 100 Meter Hurdles

Name	Year Team	Finals	Points
Section 1 Wind: -1.3			
1 Williams, Valerie	88 RR	15.85	
2 Pighin, Brooke	88 AV	18.02	

Women 15-100 80 Meter Hurdles

Name	Year Team	Finals	Points
Section 1 Wind: -1.2			
1 Lowe, Christine	90 CC	12.76	
2 Fraser, Nicolle	90 CC	13.31	
3 Kantonen, Elyse	90 NORW	13.59	
4 Withers, Rebecca	90 RC	16.56	

Women 14 Year Olds 80 Meter Hurdles

Name	Year Team	Finals
1 Webster, Jocelyn	91 CC	13.73

2	Matthews, Alana	91 Langley Must	14.89
3	Revi, Rebecca	91 NORW	15.56
4	Bell, Carling	91 CC	16.14

Men 13 Year Olds 80 Meter Hurdles

Name	Year Team	Finals
Section 1 Wind: NWI		
1	Heldman, Jared 92 Langley Must	13.18
2	Pope, Stuart 92 Langley Must	13.95
3	Richey, Stuart 92 RCS	14.29
4	Behnsen, Kurt 92 KAM	15.10
5	Grimsey, Scott 92 RC	15.38
6	Parkr, Brett 92 Langley Must	15.72
7	Wenham, Chris 92 NORW	15.75

Women 13 Year Olds 80 Meter Hurdles

Name	Year Team	Finals
1	Denley, Claire 92 Westvan Tfc	13.82
2	Cunningham, Jenna 92 CC	14.28
3	Vanwyk, Adele 92 Langley Must	15.91
4	Fowler, Ashley 92 CC	15.97
5	Walters, Carly 92 BS	17.25
6	Daniels, Tiegan 92 LE	18.18
7	McFee, Kari 92 Langley Must	19.46

Women 12 Year Olds 80 Meter Hurdles

Name	Year Team	Finals
1	Rai, Damanpreet 93 RC	14.43
2	Bazergui, Lauren 93 Langley Must	15.20
3	Barringer, Jessie 93 KAM	16.20
4	McDonald, Leigh 93 NORW	16.41
5	Hoolsema, Sadie 93 KAM	17.63
Section 2 Wind: NWI		
1	Palm, Jade 93 PR	13.54
2	Young, Sky 93 KAJ	14.78
3	Vaughan, Jade 93 Langley Must	15.52
4	Beadle, Julie 93 Unattached	16.14
5	Karmel, Laureenne 93 LE	16.29
6	Slizak, Annie 93 KAM	17.03

Men 12 Year Olds 80 Meter Hurdles

Name	Year Team	Finals
Section 1 Wind: NWI		
1	Powrie, Jake 93 Van Thunderbirds	13.14
2	Osborne, Adam 93 Langley Must	14.06
3	VanRyswyk, Riley 93 SOF	14.71
4	Donnelly, Braeden 93 Langley Must	15.23
5	Carmichael, Trevor 93 Trail Track & Fe	15.52
6	Kidwell, Mathew 93 Langley Must	15.86
7	Dolfo, Braedon 93 Langley Must	16.03

Women 11 Year Olds 60 Meter Hurdles

Name	Year Team	Finals
1 Vicic, Carla	94 SOF	10.88
2 Guy, Madison	94 Langley Must	11.01
3 Babcock, Elizabeth	94 BS	12.60
4 Dunlop, Janae	94 RR	12.78
5 Ramsey, Bailey	94 Langley Must	13.01
6 Hadath, Emma	94 Golden Ears	14.23
7 Reid, Katelyn	94 Langley Must	14.51

Section 2 Wind: NWI

1 Tourigny, Katherine	94 Van Thunderbirds	10.99
2 Eedy, Brianna	94 Vernon	11.17
3 Graf, Serena	94 SOF	11.20
4 Miller, Keelee	94 Langley Must	11.82
5 Gmeinveser, Angela	94 Vernon	12.70
6 Manson, Lauryn	94 CC	13.69
7 Rai, Simran	94 RC	13.86

Men 11 Year Olds 60 Meter Hurdles

Name	Year Team	Finals
1 Smith, Lorenzo	94 CHWK	11.08
2 Baysinger, DeOndre	94 SOF	11.31
3 George, Nathan	94 SOF	11.50
4 Mannes, Lucas	94 CHWK	11.66
5 Willeh, Nathan	94 Langley Must	11.71
6 Linde, James	94 CC	11.83
7 Johnston, Nicholas	94 Gibson Elementar	11.88
8 Mchaffie, Spencer	94 SOF	13.79

Section 2 Wind: NWI

1 Starnes, Tyler	94 Unattached	10.64
2 Mchaffie, Scott	94 SOF	11.41
3 Talbot, Jason	94 Gibson Elementar	11.42
4 Clifford, Deon	94 SOF	11.50
5 Donnelly, Brandon	94 Golden Ears	11.57
6 Horan, Jeffrey	94 Trail Track & Fe	13.87

Women 10 Year Olds 60 Meter Hurdles

Name	Year Team	Finals
1 Stainthorpe, Zoe	95 RC	11.56
2 Maryschuk, Katie	95 Kelowna Track	13.14
3 Townsend, Dana	95 Unattached	13.46
4 Fleck, Rachel	95 Van Thunderbirds	13.50
5 Gill, Lana	95 Van Thunderbirds	13.51
6 Perry, Hailey	95 LE	15.12

Name	Year Team	Finals
1 Lazecki, Natasha	95 RC	11.89
2 VanRyswyk, Kathryn	95 SOF	12.04
3 Klassen, Alexandra	95 Kelowna Track	12.15
4 Aldridge, Brittany	95 CC	13.12
4 Hadath, Megan	95 Golden Ears	13.12
6 Atkinson, Claire	95 Golden Ears	13.18

Men 10 Year Olds 60 Meter Hurdles

Name	Year Team	Finals
Section 1 Wind: NWI		
1 Kragelj, Michael	95 CC	11.91
2 Moldavanov, Vladislav	95 Golden Ears	12.81
3 Heyes, Zayne	95 Van Thunderbirds	13.00
4 Marshall, Adam	95 Langley Must	13.35

Section 2 Wind: NWI		
1 VanderEyden, Matthew	95 RC	11.33
2 Marciniak, Jordan	95 PR	11.73
3 Du Toit, Guiseppe	95 Golden Ears	12.38
4 McLeod, Konner	95 Golden Ears	12.54

Women 9 Year Olds 60 Meter Hurdles

Name	Year Team	Finals
Section 1 Wind: NWI		
1 Vicic, Amy	96 SOF	13.15
2 Townsend, Addy	96 Unattached	13.62
3 Reichert, Lisa-Anne	96 Langley Must	14.37
4 Klootwyk, Emily	96 Langley Must	14.68

Men 9 Year Olds 60 Meter Hurdles

Name	Year Team	Finals
1 Karmel, Zach	96 LE	11.51
2 Wadhvani, Nathan	96 Golden Ears	12.57
3 Lampen, Joshua	96 Golden Ears	13.33
4 Betita, Mark	96 RC	13.61
5 Perry, Austen	96 LE	16.76
Section 2 Wind: NWI		
1 Bush, Haden	96 Gibson Elementar	11.83
2 North, Michael	96 CC	11.88
3 DeVisser, Andrew	96 Van Thunderbirds	12.12
4 Hadath, Connor	96 Golden Ears	12.98
5 Dunlop, Jared	96 RR	13.29
5 Baysinger, Freeman	96 SOF	13.29

Men 40-100 800 Meter Run

Name	Year Team	Finals
Section 1		
1 Reimer, Paul	55 Unattached	2:09.41
2 Payluk, Fred	47 KAJ	2:28.95
3 Hill, Bruce	45 TCG	2:48.88

Women 40-100 800 Meter Run

Name	Year Team	Finals
1 Santamaria, Hanuschka	62 Unattached	2:44.35
2 Cable, Judi	52 SUNC	4:20.04

Men 18-39 800 Meter Run

Name	Year Team	Finals
------	-----------	--------

Name	Year	Team	Finals
1 Kotanen, Ben	80	Unattached	1:59.96
2 LeBihan, Patrice	76	Van Thunderbirds	2:01.09
3 Gartner, David	87	UAC	2:02.05
4 Adair, Mike	87	NORW	2:02.87
5 Baouya, Daniel	75	Unattached	2:09.21
6 Sperling, Dave	87	SOF	2:14.24

Women 16-39 800 Meter Run

Name	Year	Team	Finals
1 Ershov, Victoria	88	CC	2:17.15
2 Weslowski, Jennifer	89	VR	2:19.55
3 Cliff, Rachel	88	Van Thunderbirds	2:20.46
4 Wright, Gillian	88	NORW	2:26.52
5 Suddaby, Jessica	88	VR	2:27.93
6 Martin, Sophie	89	Van Thunderbirds	2:28.03
7 Halll, Amanda	88	Langley Must	2:28.82
8 Stutz, Linda	89	KAJ	2:28.85

Men 16-17 800 Meter Run

Name	Year	Team	Finals
1 Marpole-Bird, Justin	88	Van Thunderbirds	1:55.83
2 Buikema, Michael	88	SOF	1:56.40
3 Green, Alex	89	SOF	2:07.18
4 Wasylyshin, Adam	89	NORW	2:08.39
5 O'Neill, Blair	89	NORW	2:10.37
6 Houston, Dillon	89	CC	2:15.74

Women 15 Year Olds 800 Meter Run

Name	Year	Team	Finals
1 Pattison, Alana	90	Langley Must	2:19.16
2 Vogt, Emma	90	BS	2:22.57
3 Foster, Alexi	90	Unattached	2:23.93
4 Meehan, Erin	90	VR	2:29.25
5 Santa Cruz, Stephanie	90	KAJ	2:32.11
6 Spurr, Hayley	90	NORW	2:38.40
-- Sinclair, Sarah	90	Vernon	DNF

Men 15 Year Olds 800 Meter Run

Name	Year	Team	Finals
1 Clark, James	90	Golden Ears	2:03.19
2 Ross Enns, JD	90	Burnaby Central	2:18.99
3 Houlton, Mathew	90	Langley Must	2:22.49
4 Hall, Daniel	90	KAM	2:26.19

Women 14 Year Olds 800 Meter Run

Name	Year	Team	Finals
1 Teer, Aleah	91	VR	2:25.20
2 Kang, Monika	91	UAC	2:29.49
3 Sawatzky, Sarah	91	CHWK	2:29.51

4	Matthews, Alana	91 Langley Must	2:38.28
5	Kits, Alisa	91 Langley Must	2:38.73
6	Evans, Rhiannon	91 Van Thunderbirds	2:41.61
7	Clark, Alyssa	91 Golden Ears	2:41.72
8	Stinson, Amanda	91 Vernon	2:44.38
9	Revi, Rebecca	91 NORW	2:46.49
10	Goodwin, Spencer	91 Langley Must	2:56.78

Men 14 Year Olds 800 Meter Run

Name	Year Team	Finals
1 Polos, Ian	91 KAM	2:17.76
2 Weaver, Harry	91 NORW	2:41.24
3 Verdegaal, Paul	91 Vernon	2:45.96

Women 13 Year Olds 800 Meter Run

Name	Year Team	Finals
1 Vogt, Abby	92 BS	2:21.35
2 Flores-Aguilera, Micaela	92 SOF	2:30.31
3 Defaye, Amanda	92 KAJ	2:30.80
4 Scott, Shelena	92 UAC	2:33.07
5 Shmyr, courtney	92 Langley Must	2:36.73
6 Vicic, Andrea	92 SOF	2:36.85
7 Babcock, Katherine	92 BS	2:38.87
8 Skittrell, Julie	92 CHWK	2:53.41
9 Crofts, Anna	92 Westvan Tfc	3:01.33

Men 13 Year Olds 800 Meter Run

Name	Year Team	Finals
1 Sydneysmith, Dylan	92 Westvan Tfc	2:14.13
2 Andrews, Jamie	92 KAJ	2:26.00
3 Sutherland, Christopher	92 Langley Must	2:28.10
4 Ling, David	92 KAJ	2:28.24
5 Behnsen, Kurt	92 KAM	2:35.25
6 Riedl, Thomas	92 CC	2:37.41
7 Sloman, Kevin	92 UAC	2:44.71
8 Bogusz, Nathan	92 Langley Must	2:48.39
9 Bazergui, Jesse	92 Unattached	3:02.27

Women 12 Year Olds 800 Meter Run

Name	Year Team	Finals
1 Kahlon, Saveena	93 Unattached	2:29.54
2 Bruce, Chantel	93 UAC	2:34.28
3 Slade, Erin	93 SOF	2:35.89
4 Marchiniak, Hillary	93 PR	2:40.05
5 Beadle, Julie	93 Unattached	2:43.35
6 Vogt, Jessica	93 Westvan Tfc	2:44.45
7 McCluskey, Tara	93 NORW	2:47.81
8 Polkinghorne, Franki	93 Langley Must	2:52.76
9 Wadhvani, Ashley	93 Golden Ears	2:57.27
10 Peacock, Samantha	93 KAM	3:06.03
11 Moffat, Hailey	93 KAM	3:11.20
12 Kennedy, Sam	93 Langley Must	3:12.95

13 Jordan, Kalea 93 KAM 3:14.97

Men 12 Year Olds 800 Meter Run

Name	Year Team	Finals
1 Kroeker, Cameron	93 KAJ	2:26.32
2 Drake, Joshua	93 SOF	2:27.41
3 Jacklin, Brayden	93 Pacific Academy	2:28.65
4 Osborne, Adam	93 Langley Must	2:34.52
5 Powrie, Jake	93 Van Thunderbirds	2:37.11
6 Teer, Anthony	93 VR	2:38.41
7 Neal, Keffri	93 KAJ	2:39.61
8 Procevat, Cameron	93 BS	2:41.53
9 Lloyd, Adam	93 Golden Ears	2:44.95
10 Donnelly, Braeden	93 Langley Must	2:46.33
11 Garmulewicz, Sam	93 RCS	2:47.77
12 Miles, Austin	93 Westvan Tfc	2:49.34
13 Leggett, Tim	93 CC	3:03.67

Women 11 Year Olds 800 Meter Run

Name	Year Team	Finals
1 Sands, Madison	94 Golden Ears	2:34.19
2 Tourigny, Katherine	94 Van Thunderbirds	2:35.51
3 Guy, Madison	94 Langley Must	2:35.68
4 Maryschuk, Sarah	94 Kelowna Track	2:35.77
5 Vicic, Carla	94 SOF	2:48.64
6 Skittrell, Katherine	94 CHWK	2:56.00
7 Pauley, Megan	94 Langley Must	2:57.51
8 Babcock, Elizabeth	94 BS	2:58.04
9 Ramsey, Bailey	94 Langley Must	2:59.01
10 Gillis, Sam	94 Langley Must	3:01.74
11 Morison, Solenne	94 RCS	3:12.58

Men 11 Year Olds 800 Meter Run

Name	Year Team	Finals
1 Smith, Lorenzo	94 CHWK	2:34.86
2 Clifford, Deon	94 SOF	2:39.07
3 Mchaffie, Scott	94 SOF	2:43.05
4 Welykholowa, Hunt	94 Golden Ears	2:44.15
5 Lindsay, Jackson	94 KAJ	2:47.75
6 Mchaffie, Spencer	94 SOF	2:49.76
7 Mannes, Lucas	94 CHWK	2:51.97
8 Verdegaal, Bart	94 Vernon	2:57.01
9 Donnelly, Brandon	94 Golden Ears	2:58.93
10 Northey, Logan	94 CHWK	3:06.70
11 Weaver, Fred	94 NORW	3:08.56
12 Willeh, Nathan	94 Langley Must	3:09.00

Women 9-10 800 Meter Run

Name	Year Team	Finals
1 Longo, Madisen	95 BS	2:51.61
2 Hadath, Megan	95 Golden Ears	2:52.39
3 Lazecki, Natasha	95 RC	2:54.91

4	Townsend, Dana	95	Unattached	2:58.42
5	McKeown, Nicollette	95	Langley Must	2:59.79
6	Barton, Jessica	95	Golden Ears	3:00.33
7	Verletti, Florencia	96	SOF	3:01.61
8	VanRyswyk, Kathryn	95	SOF	3:01.74
9	Gill, Lana	95	Van Thunderbirds	3:03.15
10	Maryschuk, Katie	95	Kelowna Track	3:03.32
11	Vicic, Amy	96	SOF	3:05.08
12	Hansen, Nikki	96	Golden Ears	3:07.42
13	Clark, Nicole	96	Golden Ears	3:12.62
14	Garmulewicz, Sophie	96	RCS	3:15.82

Men 9-10 800 Meter Run

Name	Year	Team	Finals
1	Karmel, Zach	96 LE	2:33.15
2	Wadhvani, Nathan	96 Golden Ears	2:44.61
3	Jacklin, Keenan	95 Pacific Academy	2:45.32
4	Miles, James	95 Westvan Tfc	2:46.51
5	Moldavanov, Vladislav	95 Golden Ears	2:49.76
6	McLeod, Konner	95 Golden Ears	2:51.43
7	Marshall, Adam	95 Langley Must	2:51.51
8	Hadath, Connor	96 Golden Ears	2:54.63
9	Northey, Grayden	96 CHWK	2:59.53
10	Lampen, Joshua	96 Golden Ears	3:02.98
11	Bush, Haden	96 Gibson Elementar	3:06.17

Women 14-17 1500 Meter Steeplechase

Name	Year	Team	Finals	Points
1	Nyarady, Jenna	87 VR	5:53.99	
2	Gill, Nikki	91 SOF	6:26.86	

Men 14-17 1500 Meter Steeplechase

Name	Year	Team	Finals	Points
1	Phillips, Roberto	88 NORW	4:46.78	
2	van Steenis, John	89 VR	5:05.35	
3	Dudley, Chris	90 Vernon	5:16.54	
4	Sutton, Kaleb	91 Golden Ears	6:34.65	

Men 40-100 1500 Meter Run

Name	Year	Team	Finals
1	Payluk, Fred	47 KAJ	5:03.91
2	Abildgaard, Erik	61 Kelowna Track	5:09.71
3	Powrie, Douglas	61 Van Thunderbirds	5:52.80
4	Donnelly, Pat	55 Langley Must	6:45.87
5	Benson, Mark	55 SUNC	6:49.76
6	Benson, Don	33 City Track	8:02.95

Women 16-100 1500 Meter Run

Name	Year	Team	Finals
1	Smith, Jessica	89 NORW	4:50.96

2	McIvor, Laura	89	Unattached	4:54.20
3	Farnan, Emily	89	NORW	4:55.08
4	Degagne, Gabrielle	88	VR	4:57.13
5	Halll, Amanda	88	Langley Must	5:00.82
6	Stanley, Roxanne	89	CHWK	5:32.86

Men 16-39 1500 Meter Run

Name	Year	Team	Finals
1	Levins, Carmeron	89 Comox Valley	4:13.49
2	Ellis, Philip	67 Peninsula Track	4:13.80
3	Wakefield, Brett	89 Golden Ears	4:17.91
4	Kostelyk, David	89 VR	4:20.01
5	Phillips, Roberto	88 NORW	4:21.02
6	Gartner, David	87 UAC	4:24.75
7	Donogaue, Tyler	84 Unattached	4:25.63
8	Mara, Jordan	89 KAJ	4:25.89
9	Wasylyshin, Adam	89 NORW	4:27.04
10	Houston, Dillon	89 CC	4:34.56
11	Thiessen, Geoff	89 VR	4:35.40
12	Scowcroft, Daniel	89 KAJ	4:38.57
13	Mancell, Bryce	88 Comox Valley	4:40.70
14	Andrews, Nathan	89 KAJ	4:47.44

Women 15 Year Olds 1500 Meter Run

Name	Year	Team	Finals
1	Vogt, Emma	90 BS	5:11.18
2	Kits, Rebecca	90 Langley Must	5:16.75
3	Santa Cruz, Stephanie	90 KAJ	5:20.00
4	Warwick, Heather	90 KAJ	5:51.95
5	?, Kelsey	90 NORW	6:02.67

Men 15 Year Olds 1500 Meter Run

Name	Year	Team	Finals
1	Clark, James	90 Golden Ears	4:13.70
2	Mitchell, Cam	90 SOF	4:14.33
3	Dhaliwahl, Manpreet	90 VR	4:26.43
4	Jackson, Spencer	90 White Rock Chris	4:32.32
5	Hall, Andrew	90 Langley Must	4:37.95
6	Dunfee, Evan	90 KAJ	4:46.12
7	Dudley, Chris	90 Vernon	4:47.06
8	Hardy-Porier, Alistair	90 NORW	4:49.07
9	Butler, Michael	90 SOF	5:13.86

Women 14 Year Olds 1500 Meter Run

Name	Year	Team	Finals
1	Teer, Aleah	91 VR	5:07.94
2	Sawatzky, Sarah	91 CHWK	5:18.80
3	Stinson, Amanda	91 Vernon	5:34.16
4	Kits, Alisa	91 Langley Must	5:47.92
5	Clark, Alyssa	91 Golden Ears	5:49.70

Men 14 Year Olds 1500 Meter Run

Name	Year Team	Finals
1 Polos, Ian	91 KAM	1.00
2 Zalif, D J	91 Langley Must	2.00
3 Fedorkew, Brett	91 CHWK	3.00
4 Slade, David	91 SOF	4.00

Women 13 Year Olds 1500 Meter Run

Name	Year Team	Finals
1 Flores-Aguilera, Micaela	92 SOF	5:18.47
2 Brooks, Katie	92 SOF	5:28.83
3 Hardy, Jocelyn	92 NORW	5:46.84
4 Butler, Shannon	92 SOF	6:16.61

Men 13 Year Olds 1500 Meter Run

Name	Year Team	Finals
1 Sutherland, Christopher	92 Langley Must	4:55.64
2 Bal, Gurjot	92 UAC	4:57.90
3 Andrews, Jamie	92 KAJ	4:59.35
4 Behnsen, Kurt	92 KAM	5:18.84
5 Spallek, Dominic	92 NORW	5:34.80

Women 12 Year Olds 1500 Meter Run

Name	Year Team	Finals
1 Kahlon, Saveena	93 Unattached	5:13.72
2 Slade, Erin	93 SOF	5:22.77
3 Vogt, Jessica	93 Westvan Tfc	5:47.97
4 Wadhvani, Ashley	93 Golden Ears	5:49.18
5 Butler, Leanne	93 SOF	7:27.78

Men 12 Year Olds 1500 Meter Run

Name	Year Team	Finals
1 Jacklin, Brayden	93 Pacific Academy	5:04.73
2 Drake, Joshua	93 SOF	5:14.89
3 Powrie, Jake	93 Van Thunderbirds	5:19.78
4 Neal, Keffri	93 KAJ	5:22.46
5 Donnelly, Braeden	93 Langley Must	5:22.52
6 Teer, Anthony	93 VR	5:26.83
7 Procevat, Cameron	93 BS	5:30.31
8 Knechtle, Nicholas	93 SOF	5:35.05
9 Miles, Austin	93 Westvan Tfc	5:48.66
10 Leggett, Tim	93 CC	6:05.15

Women 11 Year Olds 1500 Meter Run

Name	Year Team	Finals
1 Sands, Madison	94 Golden Ears	5:17.21
2 Maryschuk, Sarah	94 Kelowna Track	5:18.34
3 Guy, Madison	94 Langley Must	5:29.46
4 Tourigny, Katherine	94 Van Thunderbirds	5:32.65

5 Gillis, Sam	94 Langley Must	6:01.45
6 Harrison, Leah	94 Golden Ears	6:05.39

Men 11 Year Olds 1500 Meter Run

Name	Year Team	Finals
1 Clifford, Deon	94 SOF	5:12.88
2 Welykholowa, Hunt	94 Golden Ears	5:14.74
3 Mchaffie, Spencer	94 SOF	5:39.67
3 Mchaffie, Scott	94 SOF	5:39.67
5 Moonie, Devon	94 KAM	5:42.76

Women 9-10 1500 Meter Run

Name	Year Team	Finals
1 Barton, Jessica	95 Golden Ears	5:54.86
2 Verletti, Florencia	96 SOF	6:09.16
3 McKeown, Nicollette	95 Langley Must	6:09.52
4 Betts, Julia	96 VR	6:38.74
5 Butler, Colleen	95 SOF	6:46.11

Men 9-10 1500 Meter Run

Name	Year Team	Finals
1 Karmel, Zach	96 LE	5:02.38
2 Jacklin, Keenan	95 Pacific Academy	5:26.60
3 Miles, James	95 Westvan Tfc	5:27.03
4 Wadhvani, Nathan	96 Golden Ears	5:27.09
5 Lampen, Joshua	96 Golden Ears	6:09.86
6 Ko, Tanner	96 Golden Ears	6:31.54

Women 40-100 100 Meter Dash

Name	Year Team	Finals
Section 1 Wind: +0.0		
1 Rakin, Megan	60 TCG	14.09
2 Burrowes, Sarita	52 TCG	16.85
3 Fleming, Anne	19 TCG	26.44

Men 70-100 100 Meter Dash

Name	Year Team	Finals
Section 1 Wind: -1.7		
1 Lesage, Norm	29 TCG	14.55
2 Robson, Les	27 TCG	17.17
3 Benson, Don	33 City Track	17.30

Men 60-69 100 Meter Dash

Name	Year Team	Finals
Section 1 Wind: 0.9		
1 Gee, Herb	41 TCG	13.64
2 Badowski, Tony	42 TCG	13.93
3 Friesen, Les	36 TCG	14.46

4 Lamothe, Grant	43 Semiahmoo Sunrun	14.51
5 Nagi, Gurdev	36 UAC	15.64

Men 40-59 100 Meter Dash

Name	Year Team	Finals
Section 1 Wind: 0.5		
1 Dickson, Tom	53 VR	11.97
2 Gartner, Bruno	53 UAC	12.87
3 Blue, David	65 Golden Ears	13.01
4 VanRyswyk, Len	63 SOF	13.43
5 Cheema, Jagtar	51 Unattached	13.47
6 Sullivan, Jim	48 Unattached	14.20
7 Graf, Mark	61 Unattached	14.77
8 Benson, Mark	55 SUNC	16.11

Men 20-39 100 Meter Dash

Name	Year Team	Finals
Section 1 Wind: 1.2		
1 Devine, Kevin	85 Unattached	10.80
2 Brooks, Russell	74 Unattached	11.37
3 Nicola, Jared	85 Van Thunderbirds	11.55
4 Townsend, Chris	66 Unattached	11.76
5 Wright, Trevor	74 VR	11.90
6 Walker, Sam	71 Langley Must	12.17
7 Osaji, Imeka	73 Unattached	12.37

Women 18-39 100 Meter Dash

Name	Year Team	Finals
Section 1 Wind: 1.6		
1 Whitehead, Liza	87 MA	12.53
2 Boss, Traci	87 CC	13.33
3 Paraiso, Frederique	75 Van Thunderbirds	13.67
4 McGinn, Hayley	87 MA	13.91

Men 18-19 100 Meter Dash

Name	Year Team	Finals
Section 1 Wind: 0.5		
1 Guiffre, Michael	87 MA	11.28
2 Penner, Yik Wah	87 KAJ	11.50
3 Gould, Dwight	87 CC	11.78
4 Smee, Andrew	87 SOF	11.98

Women 16-17 100 Meter Dash

Name	Year Team	Finals
Section 1 Wind: NWI		
1 Van Ruyven, Michelle	88 KAJ	12.65
2 Williams, Valerie	88 RR	12.82
3 Munro, Teeanna	89 NORW	12.93
4 Duquemin, Bronwyn	89 KAJ	13.27
5 Sprenkels, Tiffany	89 NORW	13.47

6 Cooper, Alicia 89 KAM 13.79

Men 16-17 100 Meter Dash

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: 0.7		
1 Pinnock, Tijan	88 Westvan Tfc	11.48Q
2 Shum, Mike	89 VR	11.53Q
3 Lopera, Sergio	88 Guildford Park T	11.54q
4 Riekki, Thomas	89 Peninsula Track	11.66
5 Dosanjh, Tarin	88 UAC	12.72
Heat 2 Preliminaries Wind: +0.0		
1 Farrell, Leon	88 SOF	11.36Q
2 Kuma Mintah, Kofi	89 SOF	11.87Q
3 Madden, Kevin	89 SOF	12.78
Heat 3 Preliminaries Wind: +0.0		
1 Murray, Leo	88 KAJ	11.31Q
2 Charles, Ricardo	88 CHWK	11.35Q
3 Boss, Andrew	89 CC	11.64q
4 Stein, Dylan	88 NORW	11.96
5 Genaille, Brendan	89 RC	12.54
6 Springer, Warren	89 SOF	12.87

Men 16-17 100 Meter Dash

Name	Year Team	Finals
Section 1 Finals Wind: 0.7		
1 Murray, Leo	88 KAJ	11.21
2 Charles, Ricardo	88 CHWK	11.22
3 Farrell, Leon	88 SOF	11.26
4 Shum, Mike	89 VR	11.46
5 Pinnock, Tijan	88 Westvan Tfc	11.49
5 Lopera, Sergio	88 Guildford Park T	11.49
7 Boss, Andrew	89 CC	11.54
8 Kuma Mintah, Kofi	89 SOF	11.70

Women 15 Year Olds 100 Meter Dash

Name	Year Team	Finals
Section 1 Wind: NWI		
1 Shury, Alyssa	90 Unattached	13.35
2 Kantonen, Elyse	90 NORW	13.75
3 Sinclair, Sarah	90 Vernon	13.76
4 Cook, April	90 CC	13.79
5 Power, Sara	90 Langley Must	13.92
6 Jansen, Kamara	90 Langley Must	14.21

Men 15 Year Olds 100 Meter Dash

Name	Year Team	Finals
1 Morton, Norman	90 Comox Valley	11.63
2 Carron, Lee	90 BS	12.15
3 Kasprzik, Max	90 KAM	12.27
4 Stephenson, Kyle	90 NORW	12.38
5 Vela, Sam	90 BS	12.70
6 Kelly, Gareth	90 KAM	12.76

Women 14 Year Olds 100 Meter Dash

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: 0.9		
1 Stasiak, Natalie	91 NORW	12.98Q
2 Webster, Jocelyn	91 CC	13.35Q
3 Sawatzky, Sarah	91 CHWK	14.30q
4 Reekie, Colby	91 Vernon	14.43q
5 Goodwin, Spencer	91 Langley Must	14.67
6 Cooper, Sara	91 KAM	14.80
Heat 2 Preliminaries Wind: -1.1		
1 Nettey, Christabel	91 SOF	12.77Q
2 Mason, Juliana	91 Golden Ears	13.80Q
3 Matthews, Alana	91 Langley Must	13.93q
4 Cochrane, Olivia	91 Vernon	14.32q
5 Montgomery, Allison	91 Langley Must	14.70
6 Revi, Rebecca	91 NORW	14.76

Women 14 Year Olds 100 Meter Dash

Name	Year Team	Finals
Section 1 Finals Wind: 2.1		
1 Nettey, Christabel	91 SOF	12.39
2 Stasiak, Natalie	91 NORW	12.70
3 Webster, Jocelyn	91 CC	13.19
4 Mason, Juliana	91 Golden Ears	13.64
5 Matthews, Alana	91 Langley Must	13.69
6 Sawatzky, Sarah	91 CHWK	14.17
7 Reekie, Colby	91 Vernon	14.42
8 Cochrane, Olivia	91 Vernon	14.64

Men 14 Year Olds 100 Meter Dash

Name	Year Team	Finals
Section 1 Wind: NWI		
1 Kan, Jordan	91 Van Thunderbirds	12.36
2 Hayes, Kelvin	91 UAC	12.44
3 Garmulewicz, Jonathan	91 ES	12.76
4 Stephenson, Scott	91 NORW	14.08
5 Carreras, Erick	91 RC	17.09

Women 13 Year Olds 100 Meter Dash

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: NWI		
1 Ellis, Morgan	92 BS	13.47Q
2 Shmyr, courtney	92 Langley Must	14.22Q
3 Cunningham, Jenna	92 CC	14.48
4 Fowler, Ashley	92 CC	14.55
5 Zhang, Maya	92 KAJ	14.68
6 Fleck, Allyson	92 Van Thunderbirds	14.72
Heat 2 Preliminaries Wind: NWI		
1 Ngongo, Sandra	92 UAC	13.28Q
2 Di Lorenzo, Marissa	92 BS	13.73Q
3 Broughton, Chantal	92 CC	14.45

4	Daye, Julia	92 RC	14.84
5	Starnes, Hailey	92 Unattached	14.97
6	Walters, Carly	92 BS	15.27
Heat 3 Preliminaries Wind: NWI			
1	Kianipour, Natasha	92 BS	13.37Q
2	Vogt, Abby	92 BS	13.44Q
3	Collins, Molly	92 Unattached	14.38q
4	Babcock, Katherine	92 BS	14.42q
5	Gildert, Laura	92 BS	14.82
6	Vanwyk, Adele	92 Langley Must	14.97

Women 13 Year Olds 100 Meter Dash

Name	Year Team	Finals
Section 1 Finals Wind: NWI		
1	Ellis, Morgan	92 BS 12.95
2	Ngongo, Sandra	92 UAC 12.98
3	Kianipour, Natasha	92 BS 13.01
4	Vogt, Abby	92 BS 13.08
5	Di Lorenzo, Marissa	92 BS 13.60
6	Shmyr, courtney	92 Langley Must 14.11
7	Babcock, Katherine	92 BS 14.14

Men 13 Year Olds 100 Meter Dash

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: NWI		
1	Murray, Emerson	92 Unattached 12.88Q
2	Kones, Ira	92 Unattached 13.02Q
3	Davis, Jeremy	92 RC 13.97
3	Wenham, Chris	92 NORW 13.97
5	Parkr, Brett	92 Langley Must 14.20
6	Pope, Stuart	92 Langley Must 14.52
Heat 2 Preliminaries Wind: NWI		
1	Brodie, Inavaldson	92 SOF 12.82Q
2	Heldman, Jared	92 Langley Must 13.01Q
3	Sutherland, Christopher	92 Langley Must 13.19q
4	Woykowiak, Phillip	92 Unattached 13.36q
5	Jacobsen, Isaac	92 KAJ 13.88q
5	Behnsen, Kurt	92 KAM 13.88q

Men 13 Year Olds 100 Meter Dash

Name	Year Team	Finals
Section 1 Finals Wind: NWI		
1	Murray, Emerson	92 Unattached 12.62
2	Brodie, Inavaldson	92 SOF 12.64
3	Kones, Ira	92 Unattached 12.98
4	Sutherland, Christopher	92 Langley Must 13.08
5	Heldman, Jared	92 Langley Must 13.13
6	Woykowiak, Phillip	92 Unattached 13.31
7	Behnsen, Kurt	92 KAM 14.06

Women 12 Year Olds 100 Meter Dash

Name	Year Team	Prelims
------	-----------	---------

Heat 1 Preliminaries			Wind: NWI
1	Robinsmith, Hailey	93 Golden Ears	14.44Q
2	Vaughan, Jade	93 Langley Must	14.69Q
3	McCLuskey, Tara	93 NORW	14.95q
4	Rowbotham, Kristy	93 PR	15.08q
5	Henry, Laura	93 Langley Must	15.53
6	Lindsay, Cailin	93 RCS	15.68
7	Slizak, Annie	93 KAM	16.27
Heat 2 Preliminaries			Wind: NWI
1	MacDonald, Farren	93 Gibson Elementar	14.48Q
2	Bazergui, Lauren	93 Langley Must	15.22Q
3	Janessens, Yannick	93 CHWK	15.35
4	Dosanjh, Harmen	93 UAC	15.62
5	Hoolsema, Sadie	93 KAM	16.63
Heat 3 Preliminaries			Wind: NWI
1	Palm, Jade	93 PR	13.74Q
2	Aghakian, Lydia	93 NORW	14.62Q
3	Hunt, Chelsea	93 Langley Must	15.69
4	Cook, Alissa	93 Langley Must	15.73
5	Cowie, Naomi	93 Langley Must	15.81
6	Virk, Ericka	93 UAC	17.20

Women 12 Year Olds 100 Meter Dash

Name	Year Team	Finals	
Section 1 Finals			
Wind: NWI			
1	Palm, Jade	93 PR	13.31
2	Robinsmith, Hailey	93 Golden Ears	14.09
3	MacDonald, Farren	93 Gibson Elementar	14.20
4	Aghakian, Lydia	93 NORW	14.51
5	Vaughan, Jade	93 Langley Must	14.73
6	McCLuskey, Tara	93 NORW	14.74
7	Rowbotham, Kristy	93 PR	14.92
8	Bazergui, Lauren	93 Langley Must	15.29

Men 12 Year Olds 100 Meter Dash

Name	Year Team	Prelims	
Heat 1 Preliminaries			
Wind: NWI			
1	Ayesu-Attah, Benjamin	93 CC	14.10Q
2	Osborne, Neil	93 Unattached	14.41Q
3	Dolfo, Braedon	93 Langley Must	14.85q
4	Gruneau, Jesse	93 Westvan Tfc	15.05q
5	VanRyswyk, Riley	93 SOF	15.20
6	Prince, Mathhew	93 Langley Must	15.86
Heat 2 Preliminaries			
Wind: NWI			
1	Reid, Jeremy	93 SOF	13.92Q
2	Carmichael, Trevor	93 Trail Track & Fe	14.30Q
3	Marshalok, Gabe	93 Langley Must	14.44q
4	Nunez, Ishmael	93 SOF	15.03q
5	Kidwell, Mathew	93 Langley Must	15.16
6	Beard, Wesley	93 Langley Must	15.89
7	Hireen, Kyle	93 Langley Must	16.31

Men 12 Year Olds 100 Meter Dash

Name	Year Team	Finals
------	-----------	--------

Section 1 Finals Wind: NWI

1 Reid, Jeremy	93 SOF	13.78
2 Ayesu-Attah, Benjamin	93 CC	13.80
3 Carmichael, Trevor	93 Trail Track & Fe	14.28
4 Dolfo, Braedon	93 Langley Must	14.51
5 Osborne, Neil	93 Unattached	14.54
6 Marshalok, Gabe	93 Langley Must	14.70
7 Gruneau, Jesse	93 Westvan Tfc	14.96
8 Nunez, Ishmael	93 SOF	15.06

Women 11 Year Olds 100 Meter Dash

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: NWI		
1 Sutherland, Carolyn	94 Langley Must	14.21Q
2 Tunti, Cheyanne	94 UAC	14.53q
3 Wilson, Paula	94 SOF	14.67q
4 Roy, Sidney	94 BS	15.09
5 Pauley, Megan	94 Langley Must	15.50
6 Goddard, Jane	94 Gibson Elementar	16.85
Heat 2 Preliminaries Wind: NWI		
1 Hadath, Emma	94 Golden Ears	15.60Q
2 Groulx, Claire	94 Langley Must	15.76
3 Russell, Katie	94 Gibson Elementar	16.26
4 VanLeeuwen, Chelsea	94 Langley Must	17.51
5 Baker, Kelsey	94 RCS	18.08
6 Reid, Katelyn	94 Langley Must	18.75
Heat 3 Preliminaries Wind: NWI		
1 Broughton, Nicole	94 CC	15.26Q
2 Gmeinvser, Angela	94 Vernon	15.62
3 Babcock, Elizabeth	94 BS	15.88
4 Vantschip, Katy	94 RCS	15.99
5 Louis, Genevieve	94 NORW	16.56
6 Manson, Lauryn	94 CC	16.57
Heat 4 Preliminaries Wind: NWI		
1 Miller, Keelee	94 Langley Must	14.83Q
2 Ayesu-Attah, Esinam	94 CC	15.08
3 Wassen, Angela	94 Langley Must	15.30
4 Milne, Jodie	94 Langley Must	15.88
Heat 5 Preliminaries Wind: NWI		
1 Sloman, Jenny	94 UAC	14.15Q
2 Eedy, Brianna	94 Vernon	14.55q
3 Morison, Solenne	94 RCS	15.22
4 Ramsey, Bailey	94 Langley Must	15.89
5 Mitchell, Sarah	94 RCS	16.34
6 Pangher, Nikko	94 UAC	16.49

Women 11 Year Olds 100 Meter Dash

Name	Year Team	Finals
Section 1 Finals Wind: NWI		
1 Sutherland, Carolyn	94 Langley Must	13.98
1 Sloman, Jenny	94 UAC	13.98
3 Tunti, Cheyanne	94 UAC	14.46
4 Eedy, Brianna	94 Vernon	14.53
4 Wilson, Paula	94 SOF	14.53
6 Miller, Keelee	94 Langley Must	14.74
7 Broughton, Nicole	94 CC	14.90

8 Hadath, Emma 94 Golden Ears 15.53

Men 11 Year Olds 100 Meter Dash

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: NWI		
1 Suidy, Devan	94 Langley Must	13.92Q
2 Goddard, Jake	94 Langley Must	14.04Q
3 Piaseczny, Konrad	94 SOF	14.51Q
4 George, Nathan	94 SOF	14.95q
5 Linde, James	94 CC	15.05q
6 Verdegaal, Bart	94 Vernon	16.69
Heat 2 Preliminaries Wind: NWI		
1 Starnes, Tyler	94 Unattached	14.32Q
2 Baysinger, DeOndre	94 SOF	14.36Q
3 Johnston, Nicholas	94 Gibson Elementar	15.03Q
4 Basra, Milan	94 UAC	16.62

Men 11 Year Olds 100 Meter Dash

Name	Year Team	Finals
Section 1 Finals Wind: NWI		
1 Suidy, Devan	94 Langley Must	13.89
2 Goddard, Jake	94 Langley Must	13.91
3 Starnes, Tyler	94 Unattached	14.13
4 Baysinger, DeOndre	94 SOF	14.43
5 Piaseczny, Konrad	94 SOF	14.46
6 Linde, James	94 CC	14.79
7 George, Nathan	94 SOF	15.00
8 Johnston, Nicholas	94 Gibson Elementar	15.04

Women 10 Year Olds 100 Meter Dash

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: NWI		
1 Stainthorpe, Zoe	95 RC	15.44Q
2 McKeown, Nicolette	95 Langley Must	15.49Q
2 Lazecki, Natasha	95 RC	15.49Q
4 Klassen, Alexandra	95 Kelowna Track	15.90
5 Tichelman, Laura	95 Van Thunderbirds	16.48
6 Richardson, Laura	95 KAM	16.54
Heat 2 Preliminaries Wind: NWI		
1 Verdonk, Nicole	95 CHWK	15.39Q
2 Hadath, Megan	95 Golden Ears	15.81Q
3 Johnson, Amber	95 Golden Ears	15.84q
4 Aldridge, Brittany	95 CC	16.17
5 Beard, Vivienne	95 Langley Must	16.25
6 Webber, Madison	95 RCS	18.26
Heat 3 Preliminaries Wind: NWI		
1 DiLorenzo, Andrea	95 BS	14.98Q
2 VanRyswyk, Kathryn	95 SOF	15.49Q
3 Fleck, Rachel	95 Van Thunderbirds	15.94
4 Longo, Madisen	95 BS	16.09
5 Atkinson, Claire	95 Golden Ears	16.27
6 Cheema, Guneet	95 UAC	19.51

Women 10 Year Olds 100 Meter Dash

Name	Year Team	Finals
Section 1 Finals Wind: NWI		
1 DiLorenzo, Andrea	95 BS	14.42
2 Verdonk, Nicole	95 CHWK	14.94
3 VanRyswyk, Kathryn	95 SOF	15.14
4 Stainthorpe, Zoe	95 RC	15.20
5 Lazecki, Natasha	95 RC	15.46
6 McKeown, Nicollette	95 Langley Must	15.51
7 Hadath, Megan	95 Golden Ears	15.96
8 Johnson, Amber	95 Golden Ears	16.11

Men 10 Year Olds 100 Meter Dash

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: NWI		
1 Piaseczny, Matthew	95 SOF	15.37Q
2 Pauer, Jacob	95 KAJ	15.74Q
3 McLeod, Konner	95 Golden Ears	15.90q
4 Blue, Tanner	95 Golden Ears	17.43
5 Dutton, Mack	95 Langley Must	17.56
Heat 2 Preliminaries Wind: NWI		
1 Houlton, Jacob	95 Langley Must	15.11Q
2 VanderEyden, Matthew	95 RC	15.28Q
3 Marciniak, Jordan	95 PR	15.70q
4 Kragelj, Michael	95 CC	16.20q
5 Kang, Ravnoor	95 UAC	17.00q
6 Leggett, Mathew	95 CC	18.09

Men 10 Year Olds 100 Meter Dash

Name	Year Team	Finals
Section 1 Finals Wind: NWI		
1 VanderEyden, Matthew	95 RC	15.09
2 Houlton, Jacob	95 Langley Must	15.10
3 Piaseczny, Matthew	95 SOF	15.15
4 Pauer, Jacob	95 KAJ	15.53
5 Marciniak, Jordan	95 PR	15.74
6 Kragelj, Michael	95 CC	15.85
7 McLeod, Konner	95 Golden Ears	16.01
8 Kang, Ravnoor	95 UAC	17.25

Women 9 Year Olds 100 Meter Dash

Name	Year Team	Finals
Section 1 Wind: NWI		
1 Kianipour, Farah	96 BS	16.69
2 Jacobsen, Sonja	96 KAJ	16.75
3 Hansen, Nikki	96 Golden Ears	17.46
4 Townsend, Addy	96 Unattached	17.50
5 Klootwyk, Emily	96 Langley Must	17.69
6 Nijjar, Avneet	96 UAC	18.17
7 Milliken, Lara	96 KAJ	18.82

Men 9 Year Olds 100 Meter Dash

Name	Year Team	Prelims
Heat 1 Preliminaries Wind: NWI		
1 North, Michael	96 CC	15.06Q
2 Karamanian, Nicholas	96 Golden Ears	16.30Q
3 Holland, Jamirr	96 CC	16.89q
4 Lampen, Joshua	96 Golden Ears	16.97q
5 Virk, Jordan	96 UAC	18.41
6 Baysinger, Freeman	96 SOF	18.79

Heat 2 Preliminaries Wind: NWI		
1 Ellis, Parker	96 BS	15.10Q
2 Hadath, Connor	96 Golden Ears	15.80Q
3 Bush, Haden	96 Gibson Elementar	16.79q
4 Ko, Tanner	96 Golden Ears	17.11q
5 Ingvaldson, Ben	96 SOF	17.18
6 Vanleewen, Peter	96 Langley Must	18.85

Men 9 Year Olds 100 Meter Dash

Name	Year Team	Finals
Section 1 Finals Wind: NWI		
1 North, Michael	96 CC	14.96
2 Ellis, Parker	96 BS	15.31
3 Hadath, Connor	96 Golden Ears	15.89
4 Karamanian, Nicholas	96 Golden Ears	16.57
5 Bush, Haden	96 Gibson Elementar	16.77
6 Lampen, Joshua	96 Golden Ears	16.96
7 Holland, Jamirr	96 CC	17.06
8 Ko, Tanner	96 Golden Ears	17.36

Men 15-49 400 Meter Hurdles

Name	Year Team	Finals
Section 1		
1 Cooke, Andrew	83 Unattached	54.80
2 Averill, Mike	83 Van Thunderbirds	54.83
3 Samson, Marc	65 Van Thunderbirds	59.81
Section 2		
1 Chester, Ryan	90 Comox Valley	55.21
2 Pooni, Jason	88 UAC	56.68
3 Newbert, Joel	88 Van Thunderbirds	57.09
4 Boss, Andrew	89 CC	60.46
5 Miles, Reece	88 CC	61.83
6 Brewer, Jess	46 KAJ	72.38

Women 15-39 400 Meter Hurdles

Name	Year Team	Finals
Section 1		
1 Forbes, Kelly	89 Comox Valley	68.23
2 Randle, Pam	86 SOF	68.57
3 Mitchell, Jacilyn	88 SOF	69.82
4 Shoults, Katherine	89 Westvan Tfc	72.03
5 Wellsby, Christy-Lee	88 CHWK	76.79
Section 2		
1 Appelt, Melissa	87 AMA	61.65
2 Ershov, Victoria	88 CC	67.57

3	Parker, Kendra	88 Comox Valley	70.82
4	Bullivant, Kelly	89 Langley Must	75.77
5	Stanley, Roxanne	89 CHWK	1:20.54

Women 15 Year Olds 300 Meter Hurdles

Name	Year Team	Finals
Section 1		
1	Lowe, Christine	90 CC 45.29
2	Foster, Alexi	90 Unattached 48.72
3	Meehan, Erin	90 VR 50.54
4	Chappaz, Katy	90 NORW 51.19
5	Sadowski, Roselind	90 RC 57.33

Women 50-100 300 Meter Hurdles

Name	Year Team	Finals
1	Cochrane, Nancy	52 Unattached 1:22.11

Men 60-100 300 Meter Hurdles

Name	Year Team	Finals
1	Lamothe, Grant	43 Semiahmoo Sunrun 56.44

Men 14-15 300 Meter Hurdles

Name	Year Team	Finals
1	Stephenson, Kyle	90 NORW 41.91
2	Dosanjh, Gurinder	90 UAC 45.30
3	Houlton, Mathew	90 Langley Must 47.06
4	Miller, Ian	91 VR 49.65
5	Butler, Michael	90 SOF 52.85
6	Sutton, Kaleb	91 Golden Ears 57.44

Women 14 Year Olds 300 Meter Hurdles

Name	Year Team	Finals
1	Revi, Rebecca	91 NORW 53.26

Women 13 Year Olds 200 Meter Hurdles

Name	Year Team	Finals
Section 1 Wind: NWI		
1	Cunningham, Jenna	92 CC 32.09
2	Fowler, Ashley	92 CC 32.28
3	Vanwyk, Adele	92 Langley Must 34.66
4	Butler, Shannon	92 SOF 39.46

Men 13 Year Olds 200 Meter Hurdles

Name	Year Team	Finals
1	Heldman, Jared	92 Langley Must 29.26
2	Kang, Karn	92 SOF 29.78

3	Parker, Cody	92 Comox Valley	30.19
4	Jacobsen, Isaac	92 KAJ	30.67
5	Davis, Jeremy	92 RC	32.15
6	Pope, Stuart	92 Langley Must	32.61
7	Grimsey, Scott	92 RC	33.03

Women 12 Year Olds 200 Meter Hurdles

Name	Year Team	Finals
1 Rai, Damanpreet	93 RC	31.63
2 Vaughan, Jade	93 Langley Must	32.43
3 Young, Sky	93 KAJ	32.81
4 Kahlon, Saveena	93 Unattached	33.01
5 Rowbotham, Kristy	93 PR	33.13
6 Bazergui, Lauren	93 Langley Must	33.78
7 Peacock, Samantha	93 KAM	34.44

Men 12 Year Olds 200 Meter Hurdles

Name	Year Team	Finals
1 Osborne, Adam	93 Langley Must	31.21
2 Carmichael, Trevor	93 Trail Track & Fe	31.56
3 Donnelly, Braeden	93 Langley Must	32.95
4 Dolfo, Braedon	93 Langley Must	33.13
5 Lloyd, Adam	93 Golden Ears	35.26

Women 11 Year Olds 200 Meter Hurdles

Name	Year Team	Finals
1 Hadath, Emma	94 Golden Ears	36.05

Men 11 Year Olds 200 Meter Hurdles

Name	Year Team	Finals
1 Baysinger, DeOndre	94 SOF	32.69
2 Clifford, Deon	94 SOF	33.67
3 Mchaffie, Scott	94 SOF	34.02
3 McKay, Connor	94 KAM	34.02
5 Karamanian, Jacob	94 Golden Ears	34.32
6 Donnelly, Brandon	94 Golden Ears	35.07
7 Moonie, Devon	94 KAM	36.50

Women 40-100 400 Meter Dash

Name	Year Team	Finals
Section 1		
1 Bulter, Sheree	56 Unattached	65.18
2 Summer, Judy	64 Deerfoot Athleti	67.77

Men 55-100 400 Meter Dash

Name	Year Team	Finals
1 Davy, Brent	55 Unattached	58.96
2 Morgan, Kevin	63 Unattached	60.33

3	Badowski, Tony	42	TCG	63.08
4	Payluk, Fred	47	KAJ	66.29
5	Friesen, Les	36	TCG	67.15
6	Lesage, Norm	29	TCG	70.57
7	Forseille, Larry	36	TCG	70.90
8	Hill, Bruce	45	TCG	73.41

Men 40-54 400 Meter Dash

Name	Year	Team	Finals	
1	Amour, Jack	63	AMA	52.22

Women 20-39 400 Meter Dash

Name	Year	Team	Finals	
1	Rancourt, Tina	83	MA	65.18

Men 20-39 400 Meter Dash

Name	Year	Team	Finals	
1	Devine, Kevin	85	Unattached	51.63
2	Walker, Sam	71	Langley Must	55.29
3	Walsh ***, Dustin	83	Central Track& F	57.05

Section 2

1	Vaughan, Jarid	85	MA	48.54
2	Lim, Kevin	85	NORW	49.32
3	Wright, Trevor	74	VR	54.30

Women 18-19 400 Meter Dash

Name	Year	Team	Finals
------	------	------	--------

Section 1

1	Payne, Erin	87	SOF	57.24
2	McGinn, Hayley	87	MA	1:38.36

Men 18-19 400 Meter Dash

Name	Year	Team	Finals	
1	Gartner, David	87	UAC	53.64

Women 15-17 400 Meter Dash

Name	Year	Team	Finals	
1	Pattison, Alana	90	Langley Must	57.85
2	Kane, Brianna	89	SUNC	57.99
3	Ershov, Victoria	88	CC	59.77
4	Weslowski, Jennifer	89	VR	60.45
5	Wright, Gillian	88	NORW	62.17

Men 16-17 400 Meter Dash

Name	Year	Team	Finals	
1	Sidhu, Gurpreet	89	UAC	54.35

2	Woykowiak, Paul	89 Westvan Tfc	54.70
3	Green, Alex	89 SOF	56.00
4	Shum, Mike	89 VR	56.01
5	Foster, Lane	89 Unattached	56.07

Section 2

1	Overs, Thomas	88 CC	52.93
2	Willcox, Matt	88 CC	53.40
3	Jackson, Dayne	89 NORW	53.94
4	O'Neill, Blair	89 NORW	54.32
5	Stein, Dylan	88 NORW	54.77

Women 15 Year Olds 400 Meter Dash

Name	Year Team	Finals
------	-----------	--------

Section 1

1	Vogt, Emma	90 BS	62.85
2	Hemphill, Naomi	90 RC	64.89
3	Palm, Sasha	90 PR	68.96

Men 15 Year Olds 400 Meter Dash

Name	Year Team	Finals
------	-----------	--------

1	McEachern, Matt	90 MA	55.95
2	Udy, Jonathan	90 SOF	57.10
3	Vela, Sam	90 BS	58.90
4	Houlton, Mathew	90 Langley Must	58.94
5	Hall, Daniel	90 KAM	60.83
6	Schweber, Alan	90 KAJ	61.41

Women 14 Year Olds 400 Meter Dash

Name	Year Team	Finals
------	-----------	--------

1	Kang, Monika	91 UAC	63.80
2	Matthews, Alana	91 Langley Must	65.06
3	Padrinao, Jessica	91 SOF	68.47
4	Revi, Rebecca	91 NORW	69.96

Men 14 Year Olds 400 Meter Dash

Name	Year Team	Finals
------	-----------	--------

1	Hayes, Kelvin	91 UAC	57.83
2	Polos, Ian	91 KAM	59.80
3	Garmulewicz, Jonathan	91 ES	60.09
4	Sutton, Kaleb	91 Golden Ears	73.30

Women 13 Year Olds 400 Meter Dash

Name	Year Team	Finals
------	-----------	--------

1	Vogt, Abby	92 BS	60.85
2	Scott, Shelena	92 UAC	64.86
3	Walters, Carly	92 BS	71.64

Section 2

1	Defaye, Amanda	92 KAJ	64.25
2	Gildert, Laura	92 BS	67.57
3	Daye, Julia	92 RC	70.95

4 Mannes, Tori 92 CHWK 76.67

Men 13 Year Olds 400 Meter Dash

=====

Name	Year Team	Finals
------	-----------	--------

=====

Section 1

1 Heldman, Jared	92 Langley Must	64.69
2 Sutherland, Christopher	92 Langley Must	69.21
3 Sattler, Rylie	92 Vernon	1:31.73

Section 2

1 Sydneysmith, Dylan	92 Westvan Tfc	58.07
2 Parker, Cody	92 Comox Valley	60.91
3 Kang, Karn	92 SOF	64.41
4 Riedl, Thomas	92 CC	70.68
5 Pooni, Paul	92 UAC	72.40

Women 12 Year Olds 400 Meter Dash

=====

Name	Year Team	Finals
------	-----------	--------

=====

Section 1

1 Kahlon, Saveena	93 Unattached	67.22
2 Janessens, Yannick	93 CHWK	71.79
3 Lindsay, Cailin	93 RCS	71.96
4 Robinsmith, Hailey	93 Golden Ears	74.50
5 Brown, Zoe	93 Langley Must	75.41
6 Kennedy, Sam	93 Langley Must	1:21.71

Section 2

1 Bruce, Chantel	93 UAC	64.92
2 Marchiniak, Hillary	93 PR	67.65
3 Vaughan, Jade	93 Langley Must	69.91
4 McCluskey, Tara	93 NORW	71.33
5 Cowie, Naomi	93 Langley Must	72.68

Men 12 Year Olds 400 Meter Dash

=====

Name	Year Team	Finals
------	-----------	--------

=====

Section 1

1 Van Noort, Adam	93 Unattached	65.57
2 Marshalok, Gabe	93 Langley Must	76.55

Section 2

1 Ayesu-Attah, Benjamin	93 CC	65.08
2 Osborne, Adam	93 Langley Must	66.95
3 Procevat, Cameron	93 BS	67.61
4 Hunt, Brendan	93 Westvan Tfc	68.48

Women 11 Year Olds 400 Meter Dash

=====

Name	Year Team	Finals
------	-----------	--------

=====

Section 1

1 Tunti, Cheyanne	94 UAC	68.78
2 Roy, Sidney	94 BS	70.98
3 Milne, Jodie	94 Langley Must	71.69
4 Vantschip, Katy	94 RCS	73.03
5 Pauley, Megan	94 Langley Must	77.07

Section 2

1 Tourigny, Katherine	94 Van Thunderbirds	67.25
-----------------------	---------------------	-------

2	Gillespie, Lauren	94 Unattached	67.82
3	Guy, Madison	94 Langley Must	70.38
4	Miller, Keelee	94 Langley Must	70.97
5	Sutherland, Carolyn	94 Langley Must	74.78
6	Morison, Solenne	94 RCS	78.06
7	Hadath, Emma	94 Golden Ears	78.48

Men 11 Year Olds 400 Meter Dash

Name	Year Team	Finals
------	-----------	--------

Section 1

1	Talbot, Jason	94 Gibson Elementar	71.45
2	Piaseczny, Konrad	94 SOF	71.74
3	Chow, Flemming	94 CC	73.52
4	Verdegaal, Bart	94 Vernon	75.07
5	Nagra, Fateh	94 UAC	75.91

Section 2

1	Smith, Lorenzo	94 CHWK	66.94
2	Mannes, Lucas	94 CHWK	71.74
3	Moonie, Devon	94 KAM	74.85

Men 10 Year Olds 400 Meter Dash

Name	Year Team	Finals
------	-----------	--------

Section 1

1	VanderEyden, Matthew	95 RC	71.11
2	Du Toit, Guiseppe	95 Golden Ears	71.98
3	Kragelj, Michael	95 CC	72.13
4	Marciniak, Jordan	95 PR	72.30
5	Piaseczny, Matthew	95 SOF	73.66

Women 9-10 400 Meter Dash

Name	Year Team	Finals
------	-----------	--------

1	Garmulewicz, Sophie	96 RCS	79.02
2	Verletti, Florencia	96 SOF	1:21.13
3	Vetterl, Alannah	96 SOF	1:22.26
4	Townsend, Addy	96 Unattached	1:22.49

Section 2

1	Verdonk, Nicole	95 CHWK	71.74
2	Lazecki, Natasha	95 RC	72.04
3	Longo, Madisen	95 BS	72.86
4	McKeown, Nicollette	95 Langley Must	77.30
5	Hadath, Megan	95 Golden Ears	78.66
6	Townsend, Dana	95 Unattached	1:20.28
7	Johnson, Amber	95 Golden Ears	1:21.71

Men 9 Year Olds 400 Meter Dash

Name	Year Team	Finals
------	-----------	--------

Section 1

1	North, Michael	96 CC	71.00
2	kits, Aidan	96 Langley Must	74.48
3	Hadath, Connor	96 Golden Ears	75.42
4	Wadhvani, Nathan	96 Golden Ears	75.44
5	Karamanian, Nicholaus	96 Golden Ears	78.25

6 Lampen, Joshua	96 Golden Ears	1:21.60
7 Ko, Tanner	96 Golden Ears	1:25.47

Women 40-100 High Jump

Name	Year Team	Finals
Flight 1		
1 Cochrane, Nancy	52 Unattached	1.15m

Men 40-100 High Jump

Name	Year Team	Finals
1 Blue, David	65 Golden Ears	1.65m
1 Hawkins, John	49 Westvan Tfc	1.65m
3 VanRyswyk, Len	63 SOF	1.55m
4 Lamothe, Grant	43 Semiahmoo Sunrun	1.25m

Men 16-39 High Jump

Name	Year Team	Finals
1 Miles, Reece	88 CC	1.90m
1 Adair, Mike	87 NORW	1.90m
3 McFee, Robin	88 Langley Must	1.85m
4 Lowe, Kevin	88 CC	1.80m
5 Woykowiak, Paul	89 Westvan Tfc	1.70m
6 Schlacht, Paul	87 VR	1.65m
6 Malone, Aaron	88 Comox Valley	1.65m
8 Wright, Trevor	74 VR	1.60m

Women 16-39 High Jump

Name	Year Team	Finals
1 Payne, Gabrielle	89 KAJ	1.73m
2 Neveu, Karly	89 SOF	1.64m
2 Gallagher, Katie	88 Comox Valley	1.64m
4 Wong, Janet	88 KAJ	1.59m
5 Johns, Collette	88 KAJ	1.54m
5 Schmidt, Jourdan	88 VR	1.54m
7 Pighin, Brooke	88 AV	1.49m
8 Grams, Hillary	87 KAJ	1.44m
8 Nestman, Jenna	88 Van Thunderbirds	1.44m
8 Hildenbrandt, Leanne	87 VR	1.44m
11 Fenske, Jolyne	89 VR	1.34m

Women 15 Year Olds High Jump

Name	Year Team	Finals
1 Palm, Sasha	90 PR	1.45m
2 Kantonen, Elyse	90 NORW	1.30m

Men 15 Year Olds High Jump

Name	Year Team	Finals
1 Hawkins, Sam	90 Westvan Tfc	1.70m

2	Stephenson, Kyle	90 NORW	1.65m
3	Butler, Michael	90 SOF	1.50m

Women 14 Year Olds High Jump

Name	Year Team	Finals
1 Kimoto, Emma	91 KAJ	1.50m
2 Cochrane, Olivia	91 Vernon	1.45m
3 Reekie, Colby	91 Vernon	1.35m
4 Evans, Rhiannon	91 Van Thunderbirds	1.25m
5 Revi, Rebecca	91 NORW	1.15m

Men 14 Year Olds High Jump

Name	Year Team	Finals
1 Miller, Ian	91 VR	1.75m
2 Mara, Elijah	91 KAJ	1.60m
3 Adair, Timothy	91 NORW	1.50m
4 Stephenson, Scott	91 NORW	1.40m

Women 13 Year Olds High Jump

Name	Year Team	Finals
1 Ellis, Morgan	92 BS	1.45m
2 Dever, Bridget	92 Vernon	1.40m
2 Clifford, Florence	92 SOF	1.40m
2 Koch, Lindsey	92 NORW	1.40m
5 Vicic, Andrea	92 SOF	1.35m
6 Vanwyk, Adele	92 Langley Must	1.30m
6 Cunningham, Jenna	92 CC	1.30m
6 Denley, Claire	92 Westvan Tfc	1.30m
6 Shmyr, courtney	92 Langley Must	1.30m
10 McFee, Kari	92 Langley Must	1.25m
11 Mannes, Tori	92 CHWK	1.15m

Men 13 Year Olds High Jump

Name	Year Team	Finals
1 White, Jackson	92 NORW	1.50m
1 Ling, David	92 KAJ	1.50m
3 Toporowski, Shane	92 KAM	1.45m
4 Lemercier, Mark	92 Vernon	1.40m
4 Jacobsen, Isaac	92 KAJ	1.40m
6 Pope, Stuart	92 Langley Must	1.35m
6 Riedl, Thomas	92 CC	1.35m
8 Grimsey, Scott	92 RC	1.25m
-- Murray, Emerson	92 Unattached	NH

Women 12 Year Olds High Jump

Name	Year Team	Finals
1 Palm, Jade	93 PR	1.40m
1 Young, Sky	93 KAJ	1.40m
3 Janessens, Yannick	93 CHWK	1.30m
3 Peacock, Samantha	93 KAM	1.30m

3	Barringer, Jessie	93 KAM	1.30m
3	Vaughan, Jade	93 Langley Must	1.30m
7	Ho, Pamela	93 NORW	1.25m
7	McCLuskey, Tara	93 NORW	1.25m
9	MacDonald, Farren	93 Gibson Elementar	1.20m
9	Rowbotham, Kristy	93 PR	1.20m
9	Slizak, Annie	93 KAM	1.20m
9	Bazergui, Lauren	93 Langley Must	1.20m
13	Wieting, Erihia	93 NORW	1.15m
14	Hoolsema, Sadie	93 KAM	1.05m
14	Kennedy, Sam	93 Langley Must	1.05m
14	Wadhvani, Ashley	93 Golden Ears	1.05m

Men 12 Year Olds High Jump

Name	Year Team	Finals	
1	Drake, Joshua	93 SOF	1.48m
2	Dolfo, Braeden	93 Langley Must	1.40m
3	Ayesu-Attah, Benjamin	93 CC	1.30m
3	Osborne, Adam	93 Langley Must	1.30m
5	Lloyd, Adam	93 Golden Ears	1.25m
5	Leggett, Tim	93 CC	1.25m
5	Bigiolli, Nick	93 CC	1.25m
5	Fraser, Kirby	93 CC	1.25m
5	Baron, Andrew	93 Unattached	1.25m
10	Carmichael, Trevor	93 Trail Track & Fe	1.20m
11	Donnelly, Braeden	93 Langley Must	1.15m
11	Gruneau, Jesse	93 Westvan Tfc	1.15m
13	Marshalok, Gabe	93 Langley Must	1.10m
13	Hireen, Kyle	93 Langley Must	1.10m
--	Davies, Jorge	93 Westvan Tfc	NH

Women 11 Year Olds High Jump

Name	Year Team	Finals	
1	Vicic, Carla	94 SOF	1.33m
2	Drescher, Samantha	94 BS	1.25m
3	Wassen, Angela	94 Langley Must	1.15m
3	Broughton, Nicole	94 CC	1.15m
3	Miller, Keelee	94 Langley Must	1.15m
3	Graf, Serena	94 SOF	1.15m
7	Tourigny, Katherine	94 Van Thunderbirds	1.10m
7	Williams, Angie	94 RR	1.10m
9	Hadath, Emma	94 Golden Ears	1.05m
10	Dunlop, Janae	94 RR	1.00m
--	McKinnon, Emily	94 Langley Must	NH

Men 11 Year Olds High Jump

Name	Year Team	Finals	
1	Stubbs, Nolan	94 Peninsula Track	1.40m
2	Karamanian, Jacob	94 Golden Ears	1.25m
2	Toporowski, Christopher	94 KAM	1.25m
2	Donnelly, Brandon	94 Golden Ears	1.25m
5	Goddard, Jake	94 Langley Must	1.20m
5	McKay, Connor	94 KAM	1.20m
5	Chow, Flemming	94 CC	1.20m

5	Suidy, Devan	94 Langley Must	1.20m
5	George, Nathan	94 SOF	1.20m
10	Talbot, Jason	94 Gibson Elementar	1.15m
10	Piaseczny, Konrad	94 SOF	1.15m
10	McDonald, Dean	94 Langley Must	1.15m
10	Willeh, Nathan	94 Langley Must	1.15m
14	Mannes, Lucas	94 CHWK	1.05m
14	Clifford, Deon	94 SOF	1.05m
16	Verdegaal, Bart	94 Vernon	1.00m

Women 10 Year Olds High Jump

Name	Year	Team	Finals
1	Lazecki, Natasha	95 RC	1.10m
1	Atkinson, Claire	95 Golden Ears	1.10m
1	VanRyswyk, Kathryn	95 SOF	1.10m
4	Aldridge, Brittany	95 CC	1.05m
4	Townsend, Dana	95 Unattached	1.05m
4	Richardson, Laura	95 KAM	1.05m
7	Maryschuk, Katie	95 Kelowna Track	1.00m
8	Klassen, Alexandra	95 Kelowna Track	0.90m
--	Perry, Hailey	95 LE	NH
--	McKeown, Nicollette	95 Langley Must	NH

Men 10 Year Olds High Jump

Name	Year	Team	Finals
1	Du Toit, Guiseppe	95 Golden Ears	1.20m
1	Marciniak, Jordan	95 PR	1.20m
3	Sinclair, Grahman	95 Vernon	1.10m
3	Houlton, Jacob	95 Langley Must	1.10m
5	Moldavanov, Vladislav	95 Golden Ears	1.05m
5	VanderEyden, Matthew	95 RC	1.05m
5	Dutton, Mack	95 Langley Must	1.05m
5	Blue, Tanner	95 Golden Ears	1.05m
5	McLeod, Konner	95 Golden Ears	1.05m
10	Pawer, Jacob	95 KAJ	1.00m

Women 9 Year Olds High Jump

Name	Year	Team	Finals
1	Vetterl, Alannah	96 SOF	1.05m
2	Ho, Meghan	96 NORW	1.00m
3	Betts, Julia	96 VR	0.95m
4	Klootwyk, Emily	96 Langley Must	0.90m
4	Jacobsen, Sonja	96 KAJ	0.90m
6	Milliken, Lara	96 KAJ	0.85m
--	Neveu, Taylor	96 SOF	NH

Men 9 Year Olds High Jump

Name	Year	Team	Finals
1	Hadath, Connor	96 Golden Ears	1.05m
1	Karamanian, Nicholas	96 Golden Ears	1.05m
3	Wadhvani, Nathan	96 Golden Ears	1.00m
3	kits, Aidan	96 Langley Must	1.00m

3	Lampen, Joshua	96	Golden Ears	1.00m
6	Ko, Tanner	96	Golden Ears	0.95m

Men 40-100 Long Jump

Name	Year	Team	Finals	Wind
1	Lloyd, Rick	59	Golden Ears	5.03m -0.5
2	Alley, Raymond	60	Unattached	4.89m -0.5
3	Lamothe, Grant	43	Semiahmoo Sunrun	4.27m -0.8
4	Benson, Mark	55	SUNC	3.70m -0.2
5	Robson, Les	27	TCG	2.94m -1.0
6	Benson, Don	33	City Track	2.50m -0.6

Men 20-39 Long Jump

Name	Year	Team	Finals	Wind
1	Rutten, Garrett	85	MA	5.92m NWI
2	Wright, Trevor	74	VR	4.83m NWI

Men 18-19 Long Jump

Name	Year	Team	Finals	Wind
1	Smee, Andrew	87	SOF	6.17m NWI
2	Schlacht, Paul	87	VR	5.13m NWI

Women 16-39 Long Jump

Name	Year	Team	Finals	Wind
1	Williams, Valerie	88	RR	5.24m NWI
2	Richard, Camille	87	Westvan Tfc	5.23m NWI
3	Van Ruyven, Michelle	88	KAJ	5.17m NWI
4	Witham-Carroll, Megan	88	KAM	5.04m NWI
5	Dosanjh, Parveen	87	KAJ	4.93m NWI
6	Sprenkels, Tiffany	89	NORW	4.64m NWI
6	Neveu, Karly	89	SOF	4.64m NWI
8	McGinn, Hayley	87	MA	4.62m NWI
9	Hildenbrandt, Leanne	87	VR	4.48m NWI
10	Cooper, Alicia	89	KAM	4.31m NWI
11	Fedynyszyn, Karleigh	88	VR	4.26m NWI
12	Bell, Erin	74	NORW	3.57m NWI

Men 16-17 Long Jump

Name	Year	Team	Finals	Wind
1	Murray, Leo	88	KAJ	6.61m NWI
2	Riecki, Thomas	89	Peninsula Track	6.05m NWI
3	Kyle, `kenny	89	Don Ross Seconda	5.78m NWI
4	Moldavanov, Sviatoslav	89	NORW	5.56m NWI
5	Genaille, Brendan	89	RC	5.45m NWI
6	Madden, Kevin	89	SOF	5.37m NWI
7	Johnson, Jade	88	Don Ross Seconda	5.23m NWI
8	Malone, Aaron	88	Comox Valley	5.08m NWI

Women 15 Year Olds Long Jump

=====

Name	Year	Team	Finals	Wind
1 Pattison, Alana	90	Langley Must	5.46m	0.5
2 Cook, April	90	CC	4.67m	0.2
3 Palm, Sasha	90	PR	4.50m	+0.0
4 Shury, Alyssa	90	Unattached	4.27m	NWI
5 Power, Sara	90	Langley Must	4.21m	-0.3
6 Jansen, Kamara	90	Langley Must	4.03m	+0.0
7 Sinclair, Sarah	90	Vernon	3.81m	+0.0

Men 15 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1 Stephenson, Kyle	90	NORW	5.96m	2.2
2 Kelly, Gareth	90	KAM	5.78m	2.3

Women 14 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1 Stasiak, Natalie	91	NORW	4.95m	0.7
2 Gallagher, Julia	91	Comox Valley	4.48m	1.4
3 Doerksen, Kim	91	ES	4.47m	0.9
4 Kimoto, Emma	91	KAJ	4.39m	-1.0
5 Cochrane, Olivia	91	Vernon	4.20m	0.2
6 Clifford, Jallisa	91	SOF	4.18m	0.9
7 Webster, Jocelyn	91	CC	4.11m	-1.1
8 Montgomery, Allison	91	Langley Must	4.02m	1.3
9 Lauer, Shayna	91	VR	3.86m	1.1
10 Cowie, Lindsey	91	Langley Must	3.85m	+0.0
11 Veale, Candace	91	ES	3.67m	-0.9
12 Reekie, Colby	91	Vernon	3.63m	-0.7
13 Cooper, Sara	91	KAM	3.54m	0.2
-- Bell, Carling	91	CC	FOUL	NWI

Men 14 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1 Mara, Elijah	91	KAJ	5.15m	-0.5
2 Schnabel, Vincent	91	KAM	4.96m	-1.1
3 Du Toit, Rudolf	91	Golden Ears	4.88m	+0.0
4 Garmulewicz, Jonathan	91	ES	4.79m	0.3
5 Grzelak, Patrick	91	SOF	4.69m	+0.0
6 Stephenson, Scott	91	NORW	4.62m	-0.5
7 Verdegaal, Paul	91	Vernon	4.17m	0.8
8 Benson, James	91	Golden Ears	3.84m	0.2
9 Sutton, Kaleb	91	Golden Ears	3.55m	-0.1
10 Wiltshire, Max	91	Westvan Tfc	3.51m	-1.2
11 Carreras, Erick	91	RC	3.18m	-0.6
-- Kan, Jordan	91	Van Thunderbirds	FOUL	NWI

Women 13 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1 Ellis, Morgan	92	BS	4.47m	NWI
2 Babcock, Katherine	92	BS	4.13m	NWI
3 Denley, Claire	92	Westvan Tfc	4.07m	NWI

4	Clifford, Florence	92	SOF	3.99m	NWI
5	Shmyr, courtney	92	Langley Must	3.97m	NWI
6	Vicic, Andrea	92	SOF	3.84m	NWI
7	Fowler, Ashley	92	CC	3.77m	NWI
8	Vanwyk, Adele	92	Langley Must	3.73m	NWI
9	Defaye, Amanda	92	KAJ	3.72m	NWI
10	Daye, Julia	92	RC	3.61m	NWI
11	Fleck, Allyson	92	Van Thunderbirds	3.54m	NWI
12	Heyes, Kajsa	92	Van Thunderbirds	3.44m	NWI
13	Starnes, Hailey	92	Unattached	3.38m	NWI
14	Wlaker, Alyssa	92	Langley Must	3.32m	NWI
15	Crofts, Anna	92	Westvan Tfc	3.14m	NWI
15	Daniels, Tiegan	92	LE	3.14m	NWI

Men 13 Year Olds Long Jump

Name	Year	Team	Finals	Wind	
1	Kones, Ira	92	Unattached	4.88m	NWI
2	Murray, Emerson	92	Unattached	4.86m	NWI
3	Prince, Spencer	92	Langley Must	4.77m	NWI
4	Heldman, Jared	92	Langley Must	4.74m	NWI
5	Behnsen, Kurt	92	KAM	4.25m	NWI
5	Parkr, Brett	92	Langley Must	4.25m	NWI
7	Kang, Karn	92	SOF	4.24m	NWI
8	Bazergui, Jesse	92	Unattached	4.19m	NWI
9	Sutherland, Christopher	92	Langley Must	4.16m	NWI
10	Wenham, Chris	92	NORW	4.13m	NWI
11	Pope, Stuart	92	Langley Must	4.10m	NWI
12	Davis, Jeremy	92	RC	3.79m	NWI
13	Lemercier, Mark	92	Vernon	3.76m	NWI

Women 12 Year Olds Long Jump

Name	Year	Team	Finals	Wind	
1	Palm, Jade	93	PR	4.44m	NWI
2	Bazergui, Lauren	93	Langley Must	3.89m	NWI
3	Rai, Damanpreet	93	RC	3.86m	NWI
4	Young, Sky	93	KAJ	3.83m	NWI
5	Rowbotham, Kristy	93	PR	3.80m	NWI
6	Peacock, Samantha	93	KAM	3.78m	NWI
7	Ho, Pamela	93	NORW	3.76m	NWI
8	Beadle, Julie	93	Unattached	3.74m	NWI
9	Vaughan, Jade	93	Langley Must	3.64m	NWI
9	Robinsmith, Hailey	93	Golden Ears	3.64m	NWI
11	MacDonald, Farren	93	Gibson Elementar	3.56m	NWI
11	Barringer, Jessie	93	KAM	3.56m	NWI
13	Dosanjh, Harmen	93	UAC	3.49m	NWI
14	Zawadzki, Amanda	93	CC	3.46m	NWI
15	McDonald, Leigh	93	NORW	3.45m	NWI
15	Cowie, Naomi	93	Langley Must	3.45m	NWI
17	Henry, Laura	93	Langley Must	3.33m	NWI
18	Hoolsema, Sadie	93	KAM	3.29m	NWI
19	Hunt, Chelsea	93	Langley Must	3.19m	NWI
20	Polkinghorne, Franki	93	Langley Must	3.15m	NWI
21	Jordan, Kalea	93	KAM	2.60m	NWI

Men 12 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1 Powrie, Jake	93	Van Thunderbirds	4.62m	NWI
2 Ayesu-Attah, Benjamin	93	CC	4.26m	NWI
3 Reid, Jeremy	93	SOF	4.16m	NWI
4 Gruneau, Jesse	93	Westvan Tfc	4.09m	NWI
5 Osborne, Adam	93	Langley Must	3.98m	NWI
6 Kidwell, Mathew	93	Langley Must	3.92m	NWI
7 Garmulewicz, Sam	93	RCS	3.82m	NWI
8 Dolfo, Braedon	93	Langley Must	3.78m	NWI
9 Estergaard, Nick	93	CC	3.70m	NWI
10 Prince, Mathhew	93	Langley Must	3.69m	NWI
11 VanRyswyk, Riley	93	SOF	3.66m	NWI
12 Baron, Andrew	93	Unattached	3.65m	NWI
13 Bigiolli, Nick	93	CC	3.63m	NWI
14 Procevat, Cameron	93	BS	3.58m	NWI
15 Donnelly, Braeden	93	Langley Must	3.34m	NWI
16 Carmichael, Trevor	93	Trail Track & Fe	3.26m	NWI
17 Lloyd, Adam	93	Golden Ears	3.18m	NWI

Women 11 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1 Sands, Madison	94	Golden Ears	3.94m	NWI
2 Roy, Sidney	94	BS	3.58m	NWI
3 Wilson, Paula	94	SOF	3.39m	NWI
4 McFee, Marla	94	Langley Must	3.24m	NWI
5 Gillis, Sam	94	Langley Must	3.05m	NWI
6 Dunlop, Janae	94	RR	2.96m	NWI
7 Perry, Linnea	94	CC	2.92m	NWI
8 Ayesu-Attah, Esinam	94	CC	2.73m	NWI
9 Russell, Katie	94	Gibson Elementar	2.56m	NWI
10 Baker, Kelsey	94	RCS	2.43m	NWI
11 Reid, Katelyn	94	Langley Must	2.34m	NWI
12 Milne, Jodie	94	Langley Must	2.25m	NWI

Flight 2

1 Sutherland, Carolyn	94	Langley Must	3.94m	NWI
2 Guy, Madison	94	Langley Must	3.66m	NWI
3 Pauley, Megan	94	Langley Must	3.60m	NWI
4 Miller, Keelee	94	Langley Must	3.57m	NWI
5 Vicic, Carla	94	SOF	3.40m	NWI
6 Maryschuk, Sarah	94	Kelowna Track	3.34m	NWI
7 Gmeinveser, Angela	94	Vernon	3.31m	NWI
8 Manson, Lauryn	94	CC	3.20m	NWI
8 Hadath, Emma	94	Golden Ears	3.20m	NWI
10 Eedy, Brianna	94	Vernon	3.15m	NWI
11 Wassen, Angela	94	Langley Must	3.05m	NWI
12 Babcock, Elizabeth	94	BS	3.01m	NWI
13 Skittrell, Katherine	94	CHWK	2.86m	NWI
14 Goddard, Jane	94	Gibson Elementar	2.75m	NWI
15 VanLeeuwen, Chelsea	94	Langley Must	2.74m	NWI

Men 11 Year Olds Long Jump

Name	Year	Team	Finals	Wind
Flight 1				
1 Talbot, Jason	94	Gibson Elementar	4.11m	NWI
2 George, Nathan	94	SOF	4.06m	NWI

3	Piaseczny, Konrad	94 SOF	3.95m	NWI
4	Starnes, Tyler	94 Unattached	3.90m	NWI
5	Donnelly, Brandon	94 Golden Ears	3.85m	NWI
6	Suidy, Devan	94 Langley Must	3.79m	NWI
7	Goddard, Jake	94 Langley Must	3.77m	NWI
8	Welykholowa, Hunt	94 Golden Ears	3.66m	NWI
9	Mchaffie, Scott	94 SOF	3.64m	NWI
10	Clifford, Deon	94 SOF	3.58m	NWI
10	Mchaffie, Spencer	94 SOF	3.58m	NWI
12	Mannes, Lucas	94 CHWK	3.53m	NWI
13	Johnston, Nicholas	94 Gibson Elementar	3.51m	NWI
14	Moonie, Devon	94 KAM	3.44m	NWI
15	Linde, James	94 CC	3.20m	NWI
16	Northey, Logan	94 CHWK	3.04m	NWI

Women 10 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1	Verdonk, Nicole	95 CHWK	3.43m	NWI
2	DiLorenzo, Andrea	95 BS	3.38m	NWI
3	Klassen, Alexandra	95 Kelowna Track	3.34m	NWI
4	Lazecki, Natasha	95 RC	3.31m	NWI
5	VanRyswyk, Kathryn	95 SOF	3.30m	NWI
6	Fleck, Rachel	95 Van Thunderbirds	3.25m	NWI
7	Hadath, Megan	95 Golden Ears	3.20m	NWI
8	Stainthorpe, Zoe	95 RC	3.12m	NWI
9	Maryschuk, Katie	95 Kelowna Track	3.07m	NWI
10	Townsend, Dana	95 Unattached	3.04m	NWI
11	Tichelman, Laura	95 Van Thunderbirds	3.03m	NWI
12	Atkinson, Claire	95 Golden Ears	2.90m	NWI
13	Johnson, Amber	95 Golden Ears	2.73m	NWI
14	Butler, Colleen	95 SOF	2.47m	NWI
15	Webber, Madison	95 RCS	2.33m	NWI

Men 10 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1	Houlton, Jacob	95 Langley Must	3.84m	NWI
2	Piaseczny, Matthew	95 SOF	3.80m	NWI
3	Du Toit, Guiseppe	95 Golden Ears	3.65m	NWI
4	Moldavanov, Vladislav	95 Golden Ears	3.64m	NWI
5	Marciniak, Jordan	95 PR	3.54m	NWI
6	McLeod, Konner	95 Golden Ears	3.44m	NWI
7	VanderEyden, Matthew	95 RC	3.36m	NWI
8	Sinclair, Grahman	95 Vernon	3.31m	NWI
9	Benson, Jake	95 Golden Ears	2.62m	NWI
10	Dutton, Mack	95 Langley Must	2.56m	NWI
11	Kragelj, Michael	95 CC	2.51m	NWI
--	Heyes, Zayne	95 Van Thunderbirds	FOUL	NWI

Women 9 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1	Vetterl, Alannah	96 SOF	3.03m	NWI
2	Garmulewicz, Sophie	96 RCS	3.01m	NWI
3	Ho, Meghan	96 NORW	2.84m	NWI
4	Neveu, Taylor	96 SOF	2.81m	NWI

5	Jacobsen, Sonja	96	KAJ	2.76m	NWI
6	Townsend, Dana	95	Unattached	2.63m	NWI
6	Klootwyk, Emily	96	Langley Must	2.63m	NWI
8	Hansen, Nikki	96	Golden Ears	2.53m	NWI
9	Townsend, Addy	96	Unattached	2.42m	NWI
10	Betts, Julia	96	VR	2.33m	NWI
11	Milliken, Lara	96	KAJ	2.30m	NWI
12	Reichert, Lisa-Anne	96	Langley Must	1.88m	NWI

Men 9 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1 Ellis, Parker	96	BS	3.49m	NWI
2 North, Michael	96	CC	3.48m	NWI
3 DeVisser, Andrew	96	Van Thunderbirds	3.46m	NWI
4 Dunlop, Jared	96	RR	3.27m	NWI
5 Karmel, Zach	96	LE	3.25m	NWI
6 Hadath, Connor	96	Golden Ears	3.10m	NWI
7 Ingvaldson, Ben	96	SOF	3.09m	NWI
8 Wadhvani, Nathan	96	Golden Ears	3.02m	NWI
9 Holland, Jamirr	96	CC	2.94m	NWI
10 Lampen, Joshua	96	Golden Ears	2.92m	NWI
11 Northey, Grayden	96	CHWK	2.91m	NWI
12 Betita, Mark	96	RC	2.60m	NWI
13 Baysinger, Freeman	96	SOF	2.50m	NWI
14 Perry, Austen	96	LE	2.43m	NWI
15 Vanleewen, Peter	96	Langley Must	2.22m	NWI
-- Bush, Haden	96	Gibson Elementar	FOUL	NWI

Men 40-100 Triple Jump

Name	Year	Team	Finals	Wind
1 Lloyd, Rick	59	Golden Ears	9.85m	-1.8

Men 20-39 Triple Jump

Name	Year	Team	Finals	Wind
1 Rutten, Garrett	85	MA	12.36m	+0.0

Women 16-39 Triple Jump

Name	Year	Team	Finals	Wind
1 Gallagher, Katie	88	Comox Valley	11.65m	NWI
2 Voloshin, Elena	70	NORW	11.07m	NWI
3 Williams, Valerie	88	RR	10.84m	NWI
4 Sprenkels, Tiffany	89	NORW	10.37m	NWI
5 Shoults, Katherine	89	Westvan Tfc	9.51m	NWI
6 Wellsby, Christy-Lee	88	CHWK	9.36m	NWI

Men 16-19 Triple Jump

Name	Year	Team	Finals	Wind
1 Moldavanov, Sviatoslav	89	NORW	11.97m	+0.0
2 Markloff, Tim	88	Comox Valley	11.93m	+0.0
3 Genaille, Brendan	89	RC	11.88m	+0.0

4	Riekki, Thomas	89 Peninsula Track	11.79m	-0.8
5	Madden, Kevin	89 SOF	11.22m	-0.4

Women 15 Year Olds Triple Jump

Name	Year Team	Finals	Wind
1 Palm, Sasha	90 PR	10.23m	NWI
2 Fraser, Nicolle	90 CC	9.87m	NWI

Men 15 Year Olds Triple Jump

Name	Year Team	Finals	Wind
1 Kelly, Gareth	90 KAM	11.63m	-0.2
2 Hawkins, Sam	90 Westvan Tfc	10.69m	1.3
3 Butler, Michael	90 SOF	9.87m	2.1

Women 14 Year Olds Triple Jump

Name	Year Team	Finals	Wind
1 Nettey, Christabel	91 SOF	10.86m	NWI
2 Kimoto, Emma	91 KAJ	9.93m	NWI
3 Gallagher, Julia	91 Comox Valley	9.87m	NWI
4 Clifford, Jallisa	91 SOF	9.45m	NWI

Men 14 Year Olds Triple Jump

Name	Year Team	Finals	Wind
1 Mara, Elijah	91 KAJ	10.81m	+0.0
2 Schnabel, Vincent	91 KAM	10.27m	+0.0
3 Isaman, Kyle	91 KAJ	8.12m	+0.0
4 Carreras, Erick	91 RC	7.73m	+0.0

Women 13 Year Olds Triple Jump

Name	Year Team	Finals	Wind
1 Clifford, Florence	92 SOF	9.17m	NWI
2 Fleck, Allyson	92 Van Thunderbirds	8.21m	NWI
3 Broughton, Chantal	92 CC	7.94m	NWI
4 Skittrell, Julie	92 CHWK	7.34m	NWI
5 Butler, Shannon	92 SOF	6.66m	NWI

Men 13 Year Olds Triple Jump

Name	Year Team	Finals	Wind
1 Heldman, Jared	92 Langley Must	10.16m	NWI
2 Kones, Ira	92 Unattached	9.98m	NWI
3 Parkr, Brett	92 Langley Must	9.39m	NWI
4 Behnsen, Kurt	92 KAM	9.36m	NWI
5 Kang, Karn	92 SOF	9.08m	NWI
6 Davis, Jeremy	92 RC	9.06m	NWI
7 Pope, Stuart	92 Langley Must	8.23m	NWI

Women 12 Year Olds Triple Jump

=====

Name	Year	Team	Finals	Wind
1 Palm, Jade	93	PR	9.38m	NWI
2 Peacock, Samantha	93	KAM	8.54m	NWI
3 Janessens, Yannick	93	CHWK	8.44m	NWI
4 Ho, Pamela	93	NORW	8.38m	NWI
5 Bazergui, Lauren	93	Langley Must	8.18m	NWI
6 Vaughan, Jade	93	Langley Must	8.06m	NWI
7 Barringer, Jessie	93	KAM	7.99m	NWI
8 Butler, Leanne	93	SOF	6.10m	NWI

Men 12 Year Olds Triple Jump

Name	Year	Team	Finals	Wind
1 Powrie, Jake	93	Van Thunderbirds	9.62m	NWI
2 Kidwell, Mathew	93	Langley Must	8.60m	NWI
3 Lloyd, Adam	93	Golden Ears	8.14m	NWI
4 Donnelly, Braeden	93	Langley Must	7.82m	NWI
5 Dolfo, Braedon	93	Langley Must	7.78m	NWI
6 Prince, Mathew	93	Langley Must	7.75m	NWI
7 VanRyswyk, Riley	93	SOF	7.69m	NWI
8 Davies, Jorge	93	Westvan Tfc	7.37m	NWI
9 Hireen, Kyle	93	Langley Must	6.87m	NWI

Women 11 Year Olds Triple Jump

Name	Year	Team	Finals	Wind
1 Louis, Genevieve	94	NORW	8.00m	NWI
2 Hadath, Emma	94	Golden Ears	7.69m	NWI

Men 11 Year Olds Triple Jump

Name	Year	Team	Finals	Wind
1 Stubbs, Nolan	94	Peninsula Track	8.83m	NWI
2 Toporowski, Christopher	94	KAM	8.33m	NWI
3 Clifford, Deon	94	SOF	8.09m	NWI
4 Baysinger, DeOndre	94	SOF	7.97m	NWI
5 Donnelly, Brandon	94	Golden Ears	7.83m	NWI
6 Talbot, Jason	94	Gibson Elementar	7.76m	NWI
7 McKay, Connor	94	KAM	7.57m	NWI

Women 40-100 Shot Put

Name	Year	Team	Finals
1 Janssons, Robyn	53	Langley Must	7.56m
2 Cable, Judi	52	SUNC	6.80m
3 Steinfeld, Francis	49	TCG	6.68m
4 Coping, Dawn	42	NORW	6.56m
5 Cochrane, Nancy	52	Unattached	6.14m
6 Turek, Mae	32	B C Sr. Club	5.97m

Men 40-100 Shot Put

Name	Year	Team	Finals
1 Smiechowski, Zenon	55	Unattached	12.61m

2	Hawkins, John	49 Westvan Tfc	12.34m
3	Sillantaus, Rainer	30 Unattached	11.27m
4	Townsend, Ken	44 Unattached	10.95m
5	Hurton, Stan	36 Westvan Tfc	10.54m
6	Dosanjh, Jasbir	57 UAC	10.14m
7	Lamothe, Grant	43 Semiahmoo Sunrun	9.99m
8	Pullen, Brock	49 Unattached	9.70m
9	Leavitt, John	60 Langley Must	9.59m
10	Morioka, Harold	43 TCG	9.58m
11	Donnelly, Pat	55 Langley Must	8.31m
12	Stuart, Randy	57 Langley Must	7.51m
13	Powrie, Douglas	61 Van Thunderbirds	7.50m
14	Benson, Don	33 City Track	5.42m

Women 20-39 Shot Put

Name	Year Team	Finals	
1	Decamillis, Kelsey	85 Van Thunderbirds	12.85m
2	Zibin, Aleena	83 Langley Must	11.75m

Women 18-19 Shot Put

Name	Year Team	Finals	
1	Payne, Chelsea	87 KAJ	11.45m
2	Johns, Adelle	86 KAJ	9.17m
3	Janssons, Jessica	86 Langley Must	8.61m

Women 16-17 Shot Put

Name	Year Team	Finals	
1	Hannah, Kaitlyn	89 Unattached	10.12m
2	Shoults, Katherine	89 Westvan Tfc	7.82m

Men 16-19 Shot Put

Name	Year Team	Finals	
1	Negrin, Rob	86 Van Thunderbirds	16.37m
2	Malone, Aaron	88 Comox Valley	15.90m
3	Eppele, Joe	87 KAJ	14.81m
4	Root, Peter	89 Peninsula Track	12.27m
5	Sidhu, Gurpreet	89 UAC	11.06m

Women 15 Year Olds Shot Put

Name	Year Team	Finals	
1	Gallahger, Sarah	90 Comox Valley	10.02m
2	Kantonen, Elyse	90 NORW	7.76m
3	Sinclair, Sarah	90 Vernon	6.10m
4	Chappaz, Katy	90 NORW	5.77m

Men 15 Year Olds Shot Put

Name	Year Team	Finals	
1	Burleigh, Kris	90 KAJ	13.37m

7	McCLuskey, Tara	93 NORW	5.43m
8	Robinsmith, Hailey	93 Golden Ears	5.24m
9	Polkinghorne, Franki	93 Langley Must	5.13m
10	Hoolsema, Sadie	93 KAM	5.06m
11	Cook, Alissa	93 Langley Must	4.90m
12	Kennedy, Sam	93 Langley Must	4.86m
13	Edey, Erin	93 Langley Must	4.33m

Men 12 Year Olds Shot Put

Name	Year Team	Finals
1 Powrie, Jake	93 Van Thunderbirds	8.29m
2 Kanf, Aman	93 SOF	8.25m
3 Ayesu-Attah, Benjamin	93 CC	7.24m
4 Estergaard, Nick	93 CC	7.15m
5 Bigiolli, Nick	93 CC	6.65m
6 Davies, Jorge	93 Westvan Tfc	6.10m
7 VanRyswyk, Riley	93 SOF	5.79m

Women 11 Year Olds Shot Put

Name	Year Team	Finals
1 Graf, Serena	94 SOF	9.24m
2 Drescher, Samantha	94 BS	7.38m
3 Clraofsky, Mikeyla	94 Unattached	6.88m
4 Wassen, Angela	94 Langley Must	6.76m
5 Broughton, Nicole	94 CC	6.51m
6 Carriere, Cozette	94 KAJ	6.48m
7 McFee, Marla	94 Langley Must	6.26m
8 Babcock, Elizabeth	94 BS	6.15m
9 Ayesu-Attah, Esinam	94 CC	6.00m
10 Manson, Lauryn	94 CC	5.93m
11 Hadath, Emma	94 Golden Ears	5.71m
12 Roy, Sidney	94 BS	5.69m
13 Mitchell, Zoe	94 BS	5.63m
14 VanLeeuwen, Chelsea	94 Langley Must	5.34m
15 McKinnon, Emily	94 Langley Must	5.30m
16 Reid, Katelyn	94 Langley Must	5.17m
17 Skittrell, Katherine	94 CHWK	4.94m
18 Pauley, Megan	94 Langley Must	4.80m
-- Sutherland, Carolyn	94 Langley Must	FOUL

Men 11 Year Olds Shot Put

Name	Year Team	Finals
1 Toporowski, Christopher	94 KAM	8.91m
2 Bhandal, Pauljit	94 KAJ	8.70m
3 Chow, Flemming	94 CC	7.94m
4 Baysinger, DeOndre	94 SOF	7.88m
5 McDonald, Dean	94 Langley Must	7.70m
6 Horan, Jeffrey	94 Trail Track & Fe	7.59m
7 Donnelly, Brandon	94 Golden Ears	6.59m

Women 10 Year Olds Shot Put

Name	Year Team	Finals
------	-----------	--------

1	Fleck, Rachel	95 Van Thunderbirds	5.62m
2	Atkinson, Claire	95 Golden Ears	5.50m
3	Lazecki, Natasha	95 RC	5.33m
4	Hadath, Megan	95 Golden Ears	4.98m
5	Aldridge, Brittany	95 CC	4.52m
6	Perry, Hailey	95 LE	4.29m
7	McKeown, Nicollette	95 Langley Must	4.15m
8	VanRyswyk, Kathryn	95 SOF	3.85m
9	Townsend, Dana	95 Unattached	3.40m

Men 10 Year Olds Shot Put

Name	Year	Team	Finals
1	Heyes, Zayne	95 Van Thunderbirds	7.33m
2	Moldavanov, Vladislav	95 Golden Ears	6.67m
3	Kalmykov, Mark	95 Golden Ears	6.21m
4	McLeod, Konner	95 Golden Ears	6.07m
5	Houlton, Jacob	95 Langley Must	5.90m
6	Benson, Jake	95 Golden Ears	4.42m

Women 9 Year Olds Shot Put

Name	Year	Team	Finals
1	Ho, Meghan	96 NORW	6.13m
2	Reichert, Lisa-Anne	96 Langley Must	5.22m
3	Clark, Nicole	96 Golden Ears	3.22m
4	Klootwyk, Emily	96 Langley Must	3.02m

Men 9 Year Olds Shot Put

Name	Year	Team	Finals
1	Lampen, Joshua	96 Golden Ears	5.29m
2	Karmel, Zach	96 LE	5.18m
3	Hadath, Connor	96 Golden Ears	5.10m
3	Ingvaldson, Ben	96 SOF	5.10m
5	Wadhvani, Nathan	96 Golden Ears	4.98m
6	North, Michael	96 CC	4.86m
7	Vanleewen, Peter	96 Langley Must	4.12m
8	Perry, Austen	96 LE	3.66m
--	Baysinger, Freeman	96 SOF	FOUL

Men 40-100 Discus Throw

Name	Year	Team	Finals
1	Hall, Murray	51 Unattached	41.58m
2	Smiechowski, Zenon	55 Unattached	37.76m
3	Hawkins, John	49 Westvan Tfc	36.49m
4	Miyoshi, Mike	41 Unattached	35.58m
5	Pullen, Brock	49 Unattached	33.92m
6	Townsend, Ken	44 Unattached	33.48m
7	Hurton, Stan	36 Westvan Tfc	33.24m
8	Morioka, Harold	43 TCG	30.90m
9	Lamothe, Grant	43 Semiahmoo Sunrun	27.88m
10	Leavitt, John	60 Langley Must	24.18m
11	Stuart, Randy	57 Langley Must	21.05m
12	Benson, Don	33 City Track	18.44m

3	Clifford, Jallisa	91 SOF	24.68m
4	Cochrane, Olivia	91 Vernon	22.08m
5	Stuart, Michelle	91 Langley Must	20.78m
6	Lauer, Shayna	91 VR	20.22m
7	Reichelt, Keira	91 Langley Must	17.98m
8	Mason, Juliana	91 Golden Ears	16.27m

Men 14 Year Olds Discus Throw

Name	Year Team	Finals	
1	Baga, Imrose	91 UAC	45.02m
2	Willcox, Tom	91 CC	42.06m
3	Horan, Joseph	91 Trail Track & Fe	41.88m
4	Nielsen, Erik	91 CC	35.11m
5	Barranda, Kublai	91 Vernon	26.86m
6	Isaman, Kyle	91 KAJ	22.13m
7	Sutton, Kaleb	91 Golden Ears	20.49m
8	Demos, Jordan	91 Golden Ears	19.79m
9	Verdegaal, Paul	91 Vernon	15.96m

Women 13 Year Olds Discus Throw

Name	Year Team	Finals	
1	Clifford, Florence	92 SOF	25.83m
2	Heyes, Kajsa	92 Van Thunderbirds	16.12m
3	Wlaker, Alyssa	92 Langley Must	15.45m
4	Daniels, Tiegan	92 LE	15.40m
5	Skittrell, Julie	92 CHWK	9.40m

Men 13 Year Olds Discus Throw

Name	Year Team	Finals	
1	Ingvaldson, Del	92 SOF	30.44m
2	Potts, Jordan	92 Unattached	28.73m
3	Kang, Karn	92 SOF	28.35m
4	Jacobsen, Isaac	92 KAJ	23.95m
5	Toporowski, Shane	92 KAM	19.02m
6	Powrie, Isaac	92 Van Thunderbirds	18.03m
--	Sattler, Rylie	92 Vernon	FOUL

Women 12 Year Olds Discus Throw

Name	Year Team	Finals	
1	Palm, Jade	93 PR	23.93m
2	Aghakian, Lydia	93 NORW	23.86m
3	Wieting, Eriki	93 NORW	20.51m
4	Peacock, Samantha	93 KAM	16.41m
5	Wadhvani, Ashley	93 Golden Ears	15.61m
6	Karmel, Laurene	93 LE	15.56m
7	Polkinghorne, Franki	93 Langley Must	15.09m
8	Kennedy, Sam	93 Langley Must	14.79m
9	Marchiniak, Hillary	93 PR	14.03m
10	Hoolsema, Sadie	93 KAM	12.58m
11	McDonald, Leigh	93 NORW	12.48m
12	Vaughan, Jade	93 Langley Must	10.74m
13	Mason, Rebekah	93 CHWK	10.00m

Men 12 Year Olds Discus Throw

Name	Year	Team	Finals
1 Kanf, Aman	93	SOF	22.95m
2 Ayesu-Attah, Benjamin	93	CC	18.46m
3 Bigiolli, Nick	93	CC	17.37m
4 Estergaard, Nick	93	CC	17.23m
5 Prince, Mathhew	93	Langley Must	16.99m

Women 11 Year Olds Discus Throw

Name	Year	Team	Finals
1 Graf, Serena	94	SOF	23.68m
2 Drescher, Samantha	94	BS	19.72m
3 Carriere, Cozette	94	KAJ	14.53m
4 Clraofsky, Mikeyla	94	Unattached	14.43m
5 VanLeeuwen, Chelsea	94	Langley Must	14.22m
6 Maryschuk, Sarah	94	Kelowna Track	13.65m
7 Williams, Angie	94	RR	12.56m
8 Hadath, Emma	94	Golden Ears	12.01m
9 Ayesu-Attah, Esinam	94	CC	11.93m
10 McFee, Marla	94	Langley Must	10.28m
11 Louis, Genevieve	94	NORW	8.71m

Men 11 Year Olds Discus Throw

Name	Year	Team	Finals
1 Bhandal, Pauljit	94	KAJ	28.83m
2 Karamanian, Jacob	94	Golden Ears	22.53m
3 Chow, Flemming	94	CC	19.41m
4 Stubbs, Nolan	94	Peninsula Track	19.14m
5 Horan, Jeffrey	94	Trail Track & Fe	17.16m
6 McKay, Connor	94	KAM	15.51m
7 Northey, Logan	94	CHWK	13.42m
-- Donnelly, Brandon	94	Golden Ears	FOUL

Women 10 Year Olds Discus Throw

Name	Year	Team	Finals
1 Klassen, Alexandra	95	Kelowna Track	14.86m
2 Atkinson, Claire	95	Golden Ears	14.85m
3 Maryschuk, Katie	95	Kelowna Track	12.04m
4 Johnson, Amber	95	Golden Ears	11.19m
5 Richardson, Laura	95	KAM	10.80m
6 Hadath, Megan	95	Golden Ears	8.79m

Men 10 Year Olds Discus Throw

Name	Year	Team	Finals
1 Kalmykov, Mark	95	Golden Ears	16.31m
2 Heyes, Zayne	95	Van Thunderbirds	15.43m
3 McLeod, Konner	95	Golden Ears	11.18m
4 Benson, Jake	95	Golden Ears	9.41m

Women 40-100 Hammer Throw

Name	Year	Team	Finals
1 Janssons, Robyn	53	Langley Must	26.86m
2 Coping, Dawn	42	NORW	22.99m
3 Turek, Mae	32	B C Sr. Club	16.58m
4 Cochrane, Nancy	52	Unattached	14.86m
5 McLeod-Smith, Doreen	25	Westvan Tfc	11.48m

Men 40-100 Hammer Throw

Name	Year	Team	Finals
1 Hurton, Stan	36	Westvan Tfc	30.56m
2 Hawkins, John	49	Westvan Tfc	28.02m
3 Townsend, Ken	44	Unattached	23.66m
4 Donnelly, Pat	55	Langley Must	19.99m
5 Stuart, Randy	57	Langley Must	18.78m
6 Benson, Don	33	City Track	13.48m

Men 16-39 Hammer Throw

Name	Year	Team	Finals
1 Henderson, Trey	89	KAJ	58.14m
2 LaForrest, Sean	74	VR	54.13m
3 Epele, Joe	87	KAJ	53.38m
4 Wong, Williston	88	KAJ	48.12m
5 Malone, Aaron	88	Comox Valley	47.68m
6 Smith, Brendon	89	KAM	47.45m
7 Feil, Thomas	88	Peninsula Track	47.15m
8 Root, Peter	89	Peninsula Track	46.97m
9 Mouldey, Kevin	85	KAM	45.70m
10 McIsaac, Shawn	85	Van Thunderbirds	43.99m
11 Vedder, Tim	89	VR	37.71m
12 Donahue, Bo	89	KAM	35.51m
-- Farren, Neil	89	KAM	FOUL

Women 16-39 Hammer Throw

Name	Year	Team	Finals
1 Patterson, Mikaela	86	VR	49.51m
2 Payne, Chelsea	87	KAJ	49.03m
3 Laak, Lara ter	88	SOF	39.25m
4 Decamillis, Kelsey	85	Van Thunderbirds	35.47m
5 Eshleman, Bri	88	Westvan Tfc	34.71m
6 Janssons, Jessica	86	Langley Must	24.64m

Women 15 Year Olds Hammer Throw

Name	Year	Team	Finals
1 Gallagher, Sarah	90	Comox Valley	41.98m

Women 14 Year Olds Hammer Throw

Name	Year	Team	Finals
------	------	------	--------

1	Clifford, Jallisa	91 SOF	32.27m
2	Padrinao, Jessica	91 SOF	24.47m
3	Stuart, Michelle	91 Langley Must	20.60m

Men 14 Year Olds Hammer Throw

Name	Year Team	Finals
1 Horan, Joseph	91 Trail Track & Fe	42.19m
2 Campbell, Quinn	91 VR	39.16m
3 Barranda, Kublai	91 Vernon	25.58m
4 Sutton, Kaleb	91 Golden Ears	18.41m

Women 13 Year Olds Hammer Throw

Name	Year Team	Finals
1 Wlaker, Alyssa	92 Langley Must	22.80m
-- Clifford, Florence	92 SOF	FOUL

Men 13 Year Olds Hammer Throw

Name	Year Team	Finals
1 Smith, Ian	92 KAM	35.51m
2 Sydneysmith, Dylan	92 Westvan Tfc	29.97m
3 Prince, Spencer	92 Langley Must	23.14m
4 Pope, Stuart	92 Langley Must	22.42m
5 Heldman, Jared	92 Langley Must	22.37m
6 Powrie, Isaac	92 Van Thunderbirds	19.64m

Women 12 Year Olds Hammer Throw

Name	Year Team	Finals
1 Janessens, Yannick	93 CHWK	22.08m
2 Kennedy, Sam	93 Langley Must	11.58m

Men 12 Year Olds Hammer Throw

Name	Year Team	Finals
1 Kanf, Aman	93 SOF	20.34m
2 Powrie, Jake	93 Van Thunderbirds	19.58m
3 Kidwell, Mathew	93 Langley Must	14.05m
4 Prince, Mathew	93 Langley Must	12.80m
5 Fraser, Kirby	93 CC	10.51m
6 Marshalok, Gabe	93 Langley Must	10.35m

Women 40-100 Javelin Throw

Name	Year Team	Finals
1 Cochrane, Nancy	52 Unattached	15.97m
2 Turek, Mae	32 B C Sr. Club	15.18m
3 Cable, Judi	52 SUNC	11.18m

Men 40-100 Javelin Throw

Name	Year Team	Finals
------	-----------	--------

1	Morgan, Kevin	63	Unattached	49.29m
2	Hawkins, John	49	Westvan Tfc	39.42m
3	Lamothe, Grant	43	Semiahmoo Sunrun	38.67m
4	Pullen, Brock	49	Unattached	37.00m
5	Leavitt, John	60	Langley Must	36.35m
6	Miyoshi, Mike	41	Unattached	33.86m
7	Townsend, Ken	44	Unattached	31.74m
8	Stuart, Randy	57	Langley Must	31.30m
9	Lloyd, Rick	59	Golden Ears	31.28m
10	Sillantaus, Rainer	30	Unattached	30.99m
11	Morioka, Harold	43	TCG	30.01m
12	Hurton, Stan	36	Westvan Tfc	29.07m
13	Benson, Mark	55	SUNC	22.76m
14	Benson, Don	33	City Track	21.49m

Men 20-39 Javelin Throw

Name	Year	Team	Finals
1	McIsaac, Shawn	85 Van Thunderbirds	49.96m
2	Wright, Trevor	74 VR	28.17m

Women 16-39 Javelin Throw

Name	Year	Team	Finals
1	Woodward, Krista	84 Unattached	47.78m
2	Gleadle, Elizabeth	88 Van Thunderbirds	46.76m
3	Pighin, Brooke	88 AV	37.61m
4	Montgomery, Megan	89 Westvan Tfc	32.99m
5	Hannah, Kaitlyn	89 Unattached	32.42m
6	Nestman, Jenna	88 Van Thunderbirds	29.07m
7	Eshleman, Bri	88 Westvan Tfc	25.04m
8	Hildenbrandt, Leanne	87 VR	24.83m
9	Johns, Adelle	86 KAJ	24.22m
10	Bell, Erin	74 NORW	16.71m
--	Johnston, Ella	87 Westvan Tfc	FOUL

Men 16-19 Javelin Throw

Name	Year	Team	Finals
1	Nielson, Kyle	89 CC	56.04m
2	Saunders, Scott	85 KAM	52.74m
3	Markloff, Tim	88 Comox Valley	46.30m
4	Wong, Williston	88 KAJ	40.78m

Women 15 Year Olds Javelin Throw

Name	Year	Team	Finals
1	Fraser, Nicolle	90 CC	41.20m
2	Macauley, Laura	90 AV	35.51m

Men 15 Year Olds Javelin Throw

Name	Year	Team	Finals
1	Burleigh, Kris	90 KAJ	51.17m

2	Wells, Gareth	90 Langley Must	47.01m
3	Hall, Daniel	90 KAM	31.55m

Women 14 Year Olds Javelin Throw

Name	Year Team	Finals
1 Stuart, Michelle	91 Langley Must	30.65m
2 Bell, Carling	91 CC	16.96m
3 Cochrane, Olivia	91 Vernon	16.83m
4 Mason, Juliana	91 Golden Ears	15.16m

Men 14 Year Olds Javelin Throw

Name	Year Team	Finals
1 Barranda, Kublai	91 Vernon	41.85m
2 Nielsen, Erik	91 CC	39.36m
3 Campbell, Quinn	91 VR	38.55m
4 Schnabel, Vincent	91 KAM	36.38m
5 Peacock, Adam	91 KAM	35.38m
6 Adair, Timothy	91 NORW	33.19m
7 Verdegaal, Paul	91 Vernon	26.60m
8 Stevens, Scott	91 Vernon	25.08m
9 Sutton, Kaleb	91 Golden Ears	22.60m

Women 13 Year Olds Javelin Throw

Name	Year Team	Finals
1 Broughton, Chantal	92 CC	24.33m
2 Crofts, Anna	92 Westvan Tfc	22.92m
3 Vanwyk, Adele	92 Langley Must	17.13m
4 Wlaker, Alyssa	92 Langley Must	14.11m
-- McFee, Kari	92 Langley Must	FOUL

Men 13 Year Olds Javelin Throw

Name	Year Team	Finals
1 Parker, Cody	92 Comox Valley	36.63m
2 Jacobsen, Isaac	92 KAJ	32.09m
3 Pope, Stuart	92 Langley Must	22.39m
4 Parkr, Brett	92 Langley Must	20.70m
5 Powrie, Isaac	92 Van Thunderbirds	20.63m
6 Riedl, Thomas	92 CC	18.51m
7 Sutherland, Christopher	92 Langley Must	17.92m
8 Sattler, Rylie	92 Vernon	17.62m
9 Toporowski, Shane	92 KAM	17.38m
-- Heldman, Jared	92 Langley Must	FOUL

Women 12 Year Olds Javelin Throw

Name	Year Team	Finals
1 Palm, Jade	93 PR	25.41m
2 Peacock, Samantha	93 KAM	21.32m
3 Gorton, Alice	93 KAJ	17.17m
4 Kennedy, Sam	93 Langley Must	17.07m
5 Young, Sky	93 KAJ	16.73m

6	Wieting, Erihia	93 NORW	14.34m
7	Edey, Erin	93 Langley Must	13.49m
8	Marchiniak, Hillary	93 PR	13.40m
9	Mason, Rebekah	93 CHWK	11.54m
10	Slizak, Annie	93 KAM	10.88m
11	Wadhvani, Ashley	93 Golden Ears	9.48m
12	Jordan, Kalea	93 KAM	7.33m

Men 12 Year Olds Javelin Throw

Name	Year Team	Finals
1 Osborne, Adam	93 Langley Must	25.39m
2 Powrie, Jake	93 Van Thunderbirds	22.14m
3 Davies, Jorge	93 Westvan Tfc	21.79m
4 Dolfo, Braeden	93 Langley Must	21.10m
5 Kidwell, Mathew	93 Langley Must	21.01m
6 Donnelly, Braeden	93 Langley Must	19.81m
7 Bigiolli, Nick	93 CC	18.89m
8 Lloyd, Adam	93 Golden Ears	18.53m
9 Fraser, Kirby	93 CC	18.51m
10 Gruneau, Jesse	93 Westvan Tfc	16.67m
-- Hireen, Tyler	93 Langley Must	FOUL

Women 11 Year Olds Javelin Throw

Name	Year Team	Finals
1 Graf, Serena	94 SOF	23.50m
2 Clraofsky, Mikeyla	94 Unattached	14.76m
3 Hadath, Emma	94 Golden Ears	13.94m
4 Louis, Genevieve	94 NORW	13.12m
5 VanLeeuwen, Chelsea	94 Langley Must	12.03m
6 McKinnon, Emily	94 Langley Must	8.69m

Men 11 Year Olds Javelin Throw

Name	Year Team	Finals
1 Clifford, Deon	94 SOF	20.16m
2 Lindsay, Jackson	94 KAJ	19.37m
3 Donnelly, Brandon	94 Golden Ears	16.89m
4 Moonie, Devon	94 KAM	16.46m
5 Verdegaal, Bart	94 Vernon	16.09m
6 Northey, Logan	94 CHWK	14.20m
7 Mchaffie, Scott	94 SOF	14.05m
8 Welykholowa, Hunt	94 Golden Ears	13.33m
9 Mchaffie, Spencer	94 SOF	11.85m
10 McKay, Connor	94 KAM	11.26m

Women 10 Year Olds Javelin Throw

Name	Year Team	Finals
1 Richardson, Laura	95 KAM	10.51m

Men 10 Year Olds Javelin Throw

Name	Year Team	Finals
------	-----------	--------

1	Houlton, Jacob	95	Langley Must	18.87m
2	Moldavanov, Vladislav	95	Golden Ears	13.75m
3	Sinclair, Grahman	95	Vernon	12.96m

Men 18-60 100 Meter Dash

=====				
	Name	Year	Team	Finals
=====				
Section 1	Wind: NWI			
1	Devine, Kevin	85	Unattached	10.90
2	Guiffre, Michael	87	MA	11.26
3	Cooke, Andrew	83	Unattached	11.35
4	Gould, Dwight	87	CC	11.63
5	Townsend, Chris	66	Unattached	11.65
6	Wright, Trevor	74	VR	11.95
7	Smee, Andrew	87	SOF	11.99
8	Dickson, Tom	53	VR	12.03

Women 18-39 100 Meter Dash

=====				
	Name	Year	Team	Finals
=====				
1	Whitehead, Liza	87	MA	12.47
2	Van Ruyven, Michelle	88	KAJ	12.55
3	Munro, Teeanna	89	NORW	12.72
4	Paraiso, Frederique	75	Van Thunderbirds	13.66
5	McGinn, Hayley	87	MA	13.94